





LES BEIGES

NATURAL IS A STYLE



CHANEL



"I hold the secret to

gel-like colour and shine...



without any of gel's hassles.

I'm a gel-setter???



Gel-like colour and shine, day after day.

No gel curing time. No lamp needed. Easy removal.

It's a true innovation.

Just apply my gel-setter
over any of my gorgeous
nail colours to see plumper,
shinier, gel-like colour.

get colour crazy
@ essie.ca
#essielove



America's nail salon expert.
Since 1981.









Marc Cain Collections

#STORYBOARD



GUEST APPEARANCE Fashion features editor Lisa was there to interview designer Thomas Tait; Kanye was an LFW bonus.



MADE IN CANADA Spotted in the #ELLECanadaCloset: this covetable coral frock from Canadian rising star Mikhael Kale.



PICTURE-PERFECT Editorial assistant Monika moonlighted as a model for an "editors' picks" lookbook of our ELLE by RW&CO. collab.



TAKE A SEAT The set at Erdem's London show looked awfully inviting (especially to certain fashion editors in heels).



THOSE BROWS, THOUGH A fresh-faced beauty snapped BTS in Milan by notorious modelizer/health & beauty editor Katherine.



NATURE'S WIND MACHINE The blustery Montreal weather didn't faze the crew shooting this month's fashion pages.



NOSE GAME STRONG Editor-in-chief Noreen had a wild accessory encounter backstage at Manish Arora at Paris Fashion Week.



dessertgoals Prada hit it out of the petit-four park with journalistreviving treats backstage at its show in Milan.



GLAM SQUAD A few finishing touches (with the fashion equivalent of a NASCAR pit crew) before our cover star's close-up.





Melissa Forrest, nail expert for Shoppers Drug Mart, painted it black. GOSH Nail Polish in Night Sky (\$7). For details, see Shopping Guide.



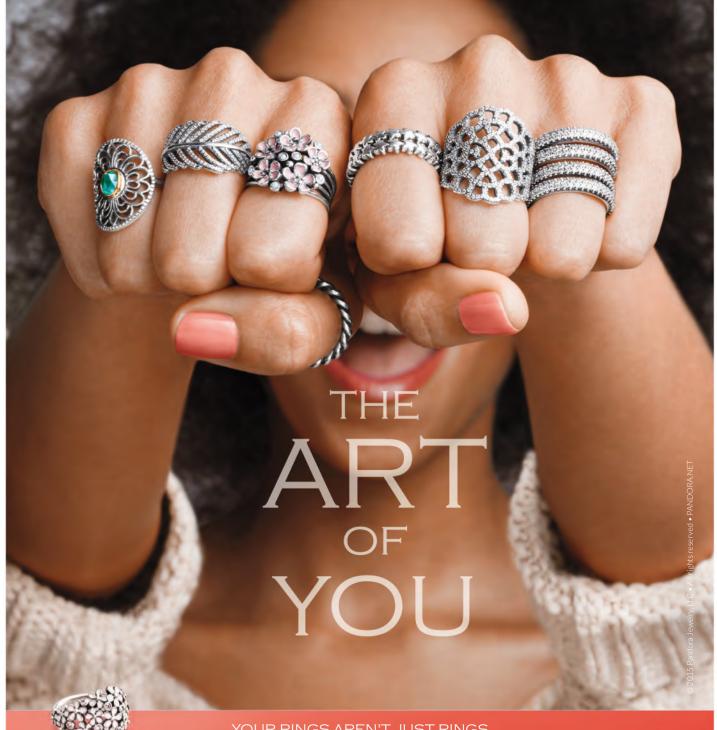
BEHIND THE SCENES

PERSONAL STYLE

The inside scoop on our cover shoot with Carly Rae Jepsen.

There was a thunderstorm the day we shot our August cover in Toronto; somehow the dramatic weather suited the moody vibe we were going for. (Joan Jett was a major style inspo, and she's not synonymous with sunshine.) Playing off our (actually very upbeat) cover star's own rock 'n' roll personal style, we pulled all Canadian designers for an '80s feel with lots of layers and a muted colour palette. Susana Hong brought a messy, cool-girl thing to Jepsen's newly black hair, while makeup artist Simone Otis focused on playing up those incredible blue eyes.





YOUR RINGS AREN'T JUST RINGS

SHARE THE #ARTOFYOU AND EXPLORE AT PANDORA.NET

SHOWN: STACKABLE ARTISTRY IN .925 STERLING SILVER AND HAND-SET PAVÉ.

PANDÖRA®















CHANEL

EAU VIVE

THE NEW EAU DE TOILETTE BY CHANEL #TAKEYOURCHANCE



editors





We're back with our second annual "Made in Canada"-themed issue! #proud

few weeks before we shipped last year's "Made in Canada" issue, I interviewed Lidewij Edelkoort, the über-intellectual Paris-based trend forecaster. We talked about the death of eccentricity and how it would be followed by an "embryonic moment" in which we'd all re-energize in preparation for a revival or renaissance. "We're fed up!" she said. "We need to go bonkers! We want to be happy." She suggested that Canadians—with our generally positive mien—were slightly ahead of the trend. Edelkoort seems to be spot-on in her predictions if the fall collections are any indication of society's new unconventional mood. Fashion scribe Anders Christian Madsen wrote in i-D that designers were introducing an eccentric—or "kooky"—sensibility into their designs. You expect that kind of delightful and manic expressiveness from Manish Arora, Moschino and Jeremy Scott, but it was a little surprising to

see Alexander Wang introduce an eccentrically gothic twist (Frankenstein boots and chain-mail shifts) into his work. And what about the subversive and quirky stylings at Dior? Here at home, designer Mikhael Kale deftly brought a zany

> touch to his exquisite creations. (See "One to Watch" on page 38.) Case in point? The jacket I'm wearing in the photo on this page. This plasticized tweed coat, with its chartreuse Mongolian-fur trim, captures

a whimsical artistry that Peggy Guggenheim would have embraced for its bohemian opulence. Kale told Charlotte Herrold, our associate fashion editor, that he lives by the motto "Life is too short to entertain monotony." Hear, hear! Another Canadian artist who has a loyal following of eccentricaccessory fans-including Rihanna and Kelly Osbourne-is Holly Dyment. (See "Made in Canada" on page 36.) "It's all instinct, art, taking a chance and being brave," the jewellery designer told Lisa Guimond, our fashion features editor. This is the same adventurous spirit that allowed our cover girl, Carly Rae Jepsen, to shed that all-too-Canadian habit of being "a little too nice." (See "Me, Myself & I" on page 54.) After some time away from the music scene, Jepsen is returning with a new album—and a new state of mind: "I think I've learned a lot about myself. Even learning that I could say 'no' or that I didn't have to be the 'yes girl' all the time was a really important lesson." Or, as Edelkoort might suggest, Jepsen is letting herself go a little bit bonkers. Isn't it time we all let loose, break a few conventions and set our own path?

Noreen Flanagan **Editor-in-Chief** Follow me on Twitter and Instagram @noreen_flanagan

PATHFINDERS

We love hearing from you! Please write to us at editors@ELLECanada.com.



TREND REPORT Our fashion team weighs in on the top 30+ trends of the season (page 69).



BEAUTY VLOGGER Meet Marisa Roy (@marisaroy), the winner of our #beauty playlist beauty vlogger contest. Check out her videos on our YouTube channel!



DON'T MISS IT!

1.

Our ultimate guide to fall/winter 2015 fashion trends.

2.

26 quirky travel destinations in Canada.

3.

Go backstage with one of our favourite Canadian designers.





NEW!

youtube.com/ ELLECanada

#beautyplaylist



NEWSLETTER Sign up at **ELLECanada. com/newsletter** and have your weekly hit of trending stories sent to your inbox.



TWITTER

@ELLECanada

Follow us for the latest updates on fashion and

beauty moments.



INSTAGRAM

@ELLECanada

Follow us for a curated snapshot of the

#ELLECanadaCloset.



FACEBOOK ELLECanada

Like us to get style scoops, beauty how-tos and celeb buzz in your news feed.



EDITOR-IN-CHIEF Noreen Flanagan

ART DIRECTOR

Brittany Eccles

MANAGING EDITOR Christina Reynolds FASHION DIRECTOR

BEAUTY DIRECTOR

FEATURES DIRECTOR

DIGITAL DIRECTOR

Steven Kawalit

Denis Desro

Vanessa Craft

Kathryn Hudson (on leave)

FASHION

Fashion Features Editor Lisa Guimond
Executive Fashion Editor-at-Large Juliana Schiavinatto
Fashion & Market Editor Anthony Mitropoulos
Associate Editor Alannah O'Neill (on leave)
Associate Fashion Editor Charlotte Herrold
Content Producer Sarah Thompson
Writer Madison Schill







Questions? Comments?

Please write us at

editors@ELLECanada.com.



FEATURES

Features Editor Aliyah Shamsher Associate Editor Sarah Laing

HEALTH & BEAUTY

Health & Beauty Editor Katherine Flemming (on leave) Health & Beauty Editor Carli Whitwell Assistant Beauty Editor Victoria DiPlacido

ART

Associate Art Director Elena Viltovskaia Designer Reginald Leung

COPY

Copy Editor Marjorie Dunham-Landry Production Editor Ciara Rickard Workflow Editor Liz Guber Proofreader Jane Fielding

ASSISTANTS

Danielle Campbell, Anita Ehui, Monika Markovinovic, Jasmine Roberts, Nezariel Scott, Sarah Veenstra

CONTRIBUTORS

Ava Baccari, Owen Bruce, Stephanie Gilman, Leda & St. Jacques, Michael-Oliver Harding, Pasha Malla, Nancy Midwicki, Georgia Nicols, Geoffrey Ross

MULTI-PLATFORM EDITIONS

Content Director, Multi-platform Editions, Books & Special Issues Jessica Ross Creative Director, Digital Editions Chris Bond iPad Specialist/Designer Andrew Tran

Download the ELLE Canada app for iPad on the App Store. Digital editions are also available on Zinio, Kobo, Press Reader, Nook and Google Play Newsstand.

HEARST MAGAZINES INTERNATIONAL

President and CEO Duncan Edwards Senior Vice-President, CFO and General Manager Simon Horne Senior Vice-President, Director of Licensing and Business Development Guatam Ranji Senior Vice-President, International Publishing Director Jeannette Chang Senior Vice-President, Editorial Director Kim St. Clair Bodden Executive Director, Editorial Astrid Bertoncini Executive Creative Director, International Branding Peter Yates

LAGARDERE ACTIVE

Lagardère Active Chairman & CEO Denis Olivennes ELLE France & International CEO Constance Benque ELLE International CEO Fabrice A. Plaquevent ELLE International Media Licenses CEO François Coruzzi ELLE Brand Management Françoise-Marie Santucci Senior Vice-President/ELLE International Director Valéria Bessolo Llopiz Senior Vice-President/Director of International Media Licenses, Digital Development & Syndication Mickael Berret ELLE International Productions Charlotte Deffe, Virginie Dolata Deputy Syndication Team Manager Thérèse Genevois Syndication Coordinator Johanna Jegou Copyrights Manager & Digital Syndication Séverine Laporte

International Ad Sales House: Lagardère Global Advertising, 124 rue Danton, 92300 Levallois-Perret, France CEO Claudio Piovesana claudio.piovesana@lagardere-active.com ellearoundtheworld.com

ELLE® and ELLE Canada® are used under licence from the trademark owner, Hachette Filipacchi Presse.

Registered user: TVA Group – Hearst Publications Inc., 1010 rue de Sérigny, 4th Floor, Longueuil, Quebec J4K 5G7
Contents copyright © 2015 by TVA Group – Hearst Publications Inc. May not be reprinted without written permission. Single copy price: \$3.99+tax.
Full subscription prices: Canada, 1 year, \$24+tax; U.S., 1 year, \$48 (regular); other foreign countries, 1 year, \$146.90 (regular). For subscription inquiries, call 905-946-8319. All reproduction requests must be made to COPIBEC (paper) 1-800-717-2022 or CEDROM-SNi (electronic) 1-800-563-5665. We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage. Printing: Transcontinental Printing G.P., 2049 20th St. E., Owen Sound, Ontario N4K 5R2. Distributed by Coast to Coast Newsstand Services Ltd. Publications Mail Agreement 41557548. Return undeliverable addresses to ELLE Canada, Subscription Department, 25 Sheppard Ave. W., Suite 100, Toronto, Ontario M2N 6S7. ISSN 1496-5186















VICE-PRESIDENT & GROUP PUBLISHER

Jacqueline Loch

EXECUTIVE ASSISTANT

Linda Gill

BUSINESS MANAGER

Nancy Baker

ASSOCIATE BUSINESS MANAGER

Vincent Cheung

Advertising Sales, Toronto

General Sales Manager, Consumer Advertising, Print Kelly Whitelock National Sales Directors Andrea McBride, Anna Vecera Marto

Advertising Coordinator Kieran Darcy

National Account Managers Jillian Dann-Macerollo (Team Lead), Cathy Ellis, Gary Forshaw, Kathleen Irish, Cathrine Kinnear, Lennie Morton, Erin Suckling, Vanessa Watson, Lindsay Weir Digital Sales Representatives, National Sales Charlene Colwill, Crystal Falls,

Angela Maxwell, Alicia Perrotta, Andrea Raimondo (Team Lead)
Sales Associate Patricia Mixemong

416-733-7600

Advertising Sales, Montreal

Senior Director, Media Solutions Transactional Patricia Heckmann

General Manager, Creative Services & Multi-platform Media Development Jocelyne Morisette Chief, Operations Josée Rivest
Advertising Brand Manager Marie-Isabelle Pépin Digital Strategy Director Émélie Brunet
National Sales Directors Patricia Côté, Amy Harbinson Team Lead, Direct Sales Anne Scheffer
Multi-platform Account Sales Managers, Magazine Stéphanie Cusson, Mélissa Garnier, Kathy Marquis, Stéphanie Mercier, Audrey Pratte
Sales Coordinator Mouna Amal Labbize

514-392-9000 Advertising Sales, International & U.S.

Lagardère Global Advertising (LGA) International Commercial Director Nelly Streichenberger, nelly.streichenberger@lagardere-active.com
Paris Philippe Leonard (33.1) 41.34.87.53
U.S. Advertising Publicitas North America 212-599-5057

Marketing & Creative Solutions

General Sales Manager Caroline K. Breton Creative Brand Director Laura Denton

Manager, Strategy & Ideation Stevie Gorrie

Strategists Sarah Drake, Jessica Lee, Marcela Perez Art Directors Susan Jackson, Suzanne Lacorte, Peter Robertson
Creative Brand Specialist Mandy Johnson Client Delivery Lily Bonney, Melissa Carmichael, Marni Lakshman, Rob Stephenson, Inga Terzopoulos

ELLECANADA.COM

Digital Product Director Alexandra Damiani Senior Director, Web Technology Pierre Robidoux

DIGITAL PRE-PRESS SERVICES

Director of Operations Sylvain Coutu Team Lead Carol Zephyrine Production Coordinator Safi Habib

CONSUMER MARKETING GROUP

Vice-President, Consumer Marketing Christopher Purcell
Group Circulation Director Doris Chan
Product Marketing Managers Yen Duong, Amanda Stone Digital Marketing Manager Jason Patterson
Director, Newsstand Sales Pat Strangis Transportation Coordinator Susan Kuskelin

MARKETING, COMMUNICATIONS & EVENTS

Senior Director Tracy Finkelstein
Manager Silvana Sciortino
Senior Specialist Erin Quinn
Specialists Carlie McGhee, Summer Varty
Senior Designer Colin Elliott
Intern Nikeshia Ducent

ELLE CANADA IS PUBLISHED BY TVA GROUP – HEARST PUBLICATIONS INC.

TVA PUBLICATIONS INC.

President & CEO Julie Tremblay Vice-President Group Publisher Lucie Dumas





We build the Subaru Impreza differently from other compact cars. Why? With the intention that it will last longer, run smoother, be stronger, and handle better than other compact cars. And you can't do that if you're just the same.

For starters, our engine is different. Instead of vertical cylinders with a high centre of gravity, we use a SUBARU BOXER® engine with horizontal cylinders that lie flat for a low centre of gravity. This makes the Impreza nimble.

Also, our traction is different. Most other compact cars have only two-wheel drive systems, but the Impreza comes standard with Symmetrical Full-Time All-Wheel Drive, which means every wheel drives the car, and every wheel provides invaluable control. And yet, the Impreza surprisingly gets exceptional fuel economy.

Our safety is different. In a frontal collision, the lower SUBARU BOXER® engine is angled to slide under the passenger cabin, rather than into it. And an available EyeSight® Advanced Driver Assist System† helps avoid accidents in the first place, leading to an IIHS Top Safety Pick+ designation‡.

All this makes the Subaru Impreza undeniably different. And, we feel, undeniably better. We invite you to learn more at subaru.ca.









SYMMETRICAL AWA

*MSRP of \$19,995 on 2015 Impreza (FF120). MSRP excludes Freight & PDI of \$1,595. Taxes, license, registration and insurance are extra. \$0 security deposit. Model shown is 2015 Impreza 2.0i Limited Package with Technology Option (FF2 LPE) with an MSRP of \$29,395. Dealers may sell for less or may have to order or trade. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details. \$flatings are awarded by the Insurance Institute for Highway Safety (IIHS). Please visit www.iihs.org for testing methods. *fEyeSight® is a driver-assist system, which may not operate optimally under all driving conditions. EyeSight® is not designed as a substitute for due care and attention to the road. The system may not react in every situation. The driver is always responsible for safe and attentive driving. System effectiveness depends on many factors such as vehicle maintenance, weather and road conditions. Finally, even with the advanced technology activated, a driver with good vision and who is paying attention will always be the best safety system. See Owner's Manual for complete details on system operation and limitations. Impreza, Subaru, EyeSight, and SUBARU BOXER are registered trademarks.

quest STEPH SMITH Model**THE GIG** New Yorkbased Smith got back to her Canadian roots wearing local designers in our Fashion Trend Report. WAYBACK PLAYBACK "My



page 69

taste in music is all over the place. Most of the time, it's '90s songs by Destiny's Child and Spice Girls, but some days I'm all about Bob Marley, and then the next day I'll decide I'm Johnny Cash's biggest fan!"



RYAN SZULC Photographer **THE GIG** Proud Torontonian Szulc took the shots (pictures, not tequila!) for our Radar Cocktail page. Off-duty, he's usually outside hiking or biking. OCCUPATIONAL **HAZARD** "I recently did a shoot from a helicopter.... Hanging off the edge at 400 feet in the air was quite the experience!"







MARISA ROY

page 52





Beauty Vlogger THE GIG Roy, an Ottawa-based vlogger, is the winner of our #beautyplaylist contest. She's joining ELLE Canada for six months to create beauty videos for our YouTube channel and website. **NEW GIRL** "I was a nervous mess in my first video, 'Lip Product Addict TAG,' but it's still one of my most popular videos."







page 69





SUPER RICH CARE FOR SUPER RICH COLOUR SO VOLUPTUOUS, SO WARM INSPIRED BY SOPHIA LOREN

- EVERY STRAND GETS SUPER RICH CARE: PROTECTS, REPLENISHES, CONDITIONS
- TIMELESS, ELEGANT BRUNETTES
- 100% COVERAGE, EVEN ON RESISTANT GREYS

BECAUSE YOU'RE WORTH IT.





THIS MONTH'S BEST

Stephanie Gilman's "New Calling" [#lifereboot, June 2015] made a lasting impression on me. As both a recent graduate beginning my career and the daughter of a woman who faced cancer, I was struck by the powerful messages Stephanie shared: In a way, life is always short, with or without illness as a guiding force. Stephanie reminded me that it is so important to find true fulfillment in your life, and, given the time we invest, where we work is particularly important. I will keep her story in mind throughout my career. Her decision to search for jobs that "bring joy and purpose into [her] life" is something I will not forget! Thank you to Stephanie for sharing her experiences and to ELLE Canada for featuring these stories. JACLYN MARCUS, TORONTO

CAREER BOOST

I learn something every time I read ELLE Canada. I especially liked Stephanie Gilman's "New Calling" [#lifereboot, June 2015]. I am now inspired to follow what my heart wants when it comes to my career. I believe that money over happiness at work will never win. Thank you so much for that story. I'm glad she found her dream job, and so will I in the future. SHAYNE HONTIVEROS, MONTREAL

OFF BASE

I do love to read your magazine, but I would like to express displeasure with an item in the May 2015 issue. I am 52, well travelled, cultured and openminded and have lived around the world. Most important, I am of the generation that still finds the F-word shocking. I realized some time ago that the profanity spoken by celebrities during

interviews needs to be transcribed word for word (I still prefer the gentle euphemism f**k), but finding the F-word in the news snippets that I love to read was highly disappointing. I refer specifically to the ELLE Radar piece "Barely Famous," about Sara and Erin Foster. It was interesting and well written, but it was a shame to have to read the profanity in the final line. Why not rise above the crowd and provide an example of quality prose rather than sinking to the base norm? JACQUELINE LAPLANTE, EMAIL

OOPS, INDEED!

I recently purchased your magazine, which is amazing, but I noticed an error on page 53 in "Radar Hot 50" [July 2015]. Number 36 is about Shawn Mendes, but the picture is of Cameron Dallas. Oops, and have a good day. KEEGAN IONSON, EMAIL





@czm8 @melizanne bergeron Omgosh! Love love love #cover #ELLECanada #anaïs pouliot She breathes fresh!



@anitagrant Thy flawlessness... @senaitgidev in ELLE Canada, #darkskin beauty #naturalbeauty

> FACEBOOK FEEDBACK

Justin Ritchie What a beautiful video! [Kamalame travel video] Brought back so many fab memories!

Meghan Riggs Your video [our new #beauty playlist beauty vlogger, Marisa Roy] was seriously fantastic. We loved you. Like, loved you! So happy for you xo



@genesimmons

@SophieTSimmons has a positive body image; here's how you can too @ELLECanada @ClaireMig @caroldevine loved reading "Tales From an Adventuress" in @ELLECanada's May issue. Truly inspiring! @MagAwards The Silver for Best Short Feature goes to @globeandmail columnist @lizrenzetti for her piece in @ELLECanada.

Editor's note: Congrats, Elizabeth! Always a pleasure working with you.

Send us your letters via email at ELLELetters@ELLECanada. com or snail mail at ELLE Canada, 25 Sheppard Ave. W., Suite 100, Toronto, Ont., M2N 6S7. Include vour name and address. Letters may be edited. For full contest rules, go to ELLECanada.com/writeandwin.



The writer of the best a Physicians Formula prize pack (valued at \$105).



 $Collection\ from\ \$85$



VANCOUVER MONTREAL **EDMONTON** CALGARY WINNIPEG **TORONTO** OTTAWA QUEBEC CITY MONCTON HALIFAX



Naturally Flavoured Club Soda with a HINT of Lemon and Lime. Refreshingly Unsweetened and Low Sodium.

Join the Club!



ESTYLE*

FASHION NEWS, SHOPPING HITS & RUNWAY TRENDS **BRIGHT LIGHT** Mikhael Kale's artful masterpieces are fit for a modern queen. NORTH STAR Canadian designers strut their stuff.

EDITOR'S POV After the crazy love (and adrenalin) that fuels a whirlwind tour of New York, London, Milan and Paris for Fashion Month, it's always exciting to come home to attend Toronto's very own World MasterCard Fashion Week. It's *the* Canadian designer showcase, and it's a chance to celebrate local talent. Find out which Canadian collections we're crushing on for fall in our Trend Report on page 69. This season, home really is where the (style) heart is.



JENNA MARIE WAKANI



Halle Berry launches the lingerie line Scandale Paris in Canada.

"To me, sexy is a state of mind," says Halle Berry. She should know. The star is co-owner of Scandale Paris, which makes its Canadian debut this month. For Berry, assisting with the design was a crucial part of redefining the lingerie line, which was founded in France in 1932. "Keeping it elegant and modern is really important," explains the Oscar-winning actress, who wanted to preserve the heritage of the label but make it more affordable (from \$9.95, at La Vie en Rose, lavieenrose.com). "We'll always feel feminine when we wear beautiful lacy bras."

LATEST & GREATEST

STYLE SCOOP

What's cool, cutting edge & important.



Eyewear is usually very preppy and conservative or wacky and colourful. I wanted to take two distinct looks and marry them together in one frame.

- Eyewear designer Blake Kuwahara on the impetus behind his "frame within a frame" sunglasses (\$605, at Karir Eyewear, karireyewear.com)



EVERYBODY'S TALKING ABOUT GAP X ELLEN DEGENERES

This month, Gap is collaborating with Ellen DeGeneres on a girl-power-inspired line of tees and sweats for women and kids. (Because twinning with your bébé is totally a thing, FYI.) We love the word-bubble print that lets your imagination-or a Sharpie, if you're so inclined-fill in the blanks.

FLASH CHAT

Sixty seconds with Marques'Almeida.

We caught up with Marta Margues and Paulo Almeida on the heels of their LVMH Young Fashion Designer win to chat about their love of denim and all things '90s.

How has your brand evolved? Almeida: "We started working with denim because of the attitude it has." Margues: "Then we needed a new challenge-we really can't stand still-so it was still about jeans and T-shirts but also silks and fur and eveningwear."

How does that attitude translate to eveningwear?

M: "There are a lot of '90s inspirations, but we still want it to be new and modern. Normally, some of that newness comes from combining things that are quite shocking together."

Why the '90s? A: "We're obsessed with designing for the 'cool girl' with a relaxed, effortless vibe." M: "When we started looking at magazines from the '90s, we were like 'Yes! Remember those jeans?'"

What else stands out from those days? M: "I remember reading interviews with photographer Corinne Day when she was doing black-and-white shoots with loose trousers hanging from the hip bone. And then you started seeing editorials where they would style an amazing Dior corset with baggy









TREND

PLAYTIME

Statement watches get a splashy update with painterly prints and a pop-art palette.

1. Plastic, May 28th (\$39, may 28th.me). 2. Polycarbonate and stainless steel, Nixon (\$80, nixon.com). 3. Silicone, Toy Watch (\$225, toywatchofficial.com). 4. Stainless steel and silicone, Karl Lagerfeld (\$195.46, at Lord & Taylor, Iordandtaylor.com). 5. Zinc, polyurethane and stainless steel, Asos (\$42, asos.com). 6. Polyurethane, Neff (\$37, neffheadwear.com). 7. Plastic and leather, Swatch (\$130, swatch.com). 8. Watch, Apple (from \$699, apple.ca) and polycarbonate strap, Danny Ivan (\$88, at casetify. com). 9. Silicone, Marc by Marc Jacobs (\$182.22, at shopbop.com). 10. Stainless steel, rubber and alligator, Hublot (\$18,956, at Royal de Versailles, royaldeversailles. com). 11. Gold-plated metal and plastic, Kate Spade (\$125, at Hudson's Bay, thebay.com). 12. Stainless steel, fabric and leather, Estelle (\$96, at shop.komono.com).



Innovating for healthier $skin^{^{\text{\tiny TM}}}$

"It's all instinct, art, taking a chance and being brave," says Dyment about her work. 18-karat-gold, enamel, tourmaline and diamond pendant (\$5,220) and earrings (\$9,120), hollydyment.com



HOLLY DYMENT

olly Dyment is the first to admit that the graphic illustrations adorning her rings, earrings and stick pins are anything but mainstream. "There's nothing too pretty in my work," says the Toronto-based artist. Dyment's eponymous jewellery line, launched in 2013, has become a cult favourite for eccentric-accessory enthusiasts, including Rihanna and Kelly Osbourne. She cites the macabre, mysticism and Hinduism as key influences. "I've got a thing about eyes and lips," she says, when asked to explain the Dalíesque body parts or the whimsical fly ring in her newest collection.

When you look at her work, you suspect there's some dark narrative behind the designs that hint at jilted love, but Dyment insists that's not the case. "I'm fascinated by the death stuff," she explains, adding that she has a healthy obsession with sentimental Victorian jewellery. "I read a lot of Poe and Brontë; I kind of like that depressing English sentiment."

In contrast to all the darkness permeating her work, there's a playful quality to her illustrations (which are

"I'M FASCINATED BY THE DEATH STUFF. I READ A LOT OF POE AND BRONTË: I KIND OF LIKE THAT **DEPRESSING ENGLISH** SENTIMENT."

carved into 18-karat gold before being set in enamel). For example, she used memento-mori artwork as the focal point for a collection of seven rings, each decorated with gemstones that match the day of the week and corresponding planet. The process—the same technique used by Fabergé—is done in Jaipur, India, where the craft has been perfected over the centuries. Dyment describes the place as a "feast for the senses," adding that it inspires her to bring the imaginary to life in her designs. It's a pop-art approach that she suggests has a groovy '60s vibe. It's also the perfect counterbalance to the morbid mood that only exists on the surface. "There's fun in there too," she says with a chuckle. LISA GUIMOND



24-7 Consider these the new "mood rings" (from \$5,000 to \$9,900, hollydyment.com).















 ${\mathscr I}$ t's like deodorant for your clothes.

New Downy Fresh Protect.

Protect your clothes from odours with New Downy Fresh Protect. Just toss it in with your detergent and, like deodorant, it neutralizes odours all day long. So your clothes always smell great!



For Mikhael a Canadian designer is about expanding beyond our borders.

ikhael Kale is having an incredible year: He kicked it off by taking home the ikhael Kale is having an incredible year: He kicked it Womenswear Designer of the Year Award at the Canadian Arts & Fashion Awards (CAFA) in January, and two months later his fall/ winter 2015 runway presentation was the most buzzed about at World MasterCard Fashion Week in Toronto. Up next? Designing performance pieces for Beyoncé (#NBD). We spoke to the on-the-rise talent about how he got his start and where he thinks the Canadian fashion industry needs to go next.

FASHION FIRST "I grew up in a small house with a lot of women, and they all had an interest in fashion. I remember seeing my sisters getting ready to go out in the '90s. It's funny; I remember them wearing things that are now coming back."

BEST FRIENDS "The CAFA win was wonderful because it's your peers voting for you. To have people I've grown up with in fashion believe in me is really cool. It means a lot because they're so much a part of what I do."

MOD MOOD "For fall/winter 2015, I felt attracted to the retro trend. I brought some tweed fabric back from New York and started to cut it up and create textures. The closing look, which had all these hanging vintage beads, took three months to get just right. People are like 'Why are you doing this to yourself?' But it's fun, and it looks beautiful. I'm so proud of my team, and I'm proud of my collection."

WISE WORDS "When I was in Italy working for Armani Privé, I was taught hand beading by a woman who once told me 'Life is too short to entertain monotony. You have to do what makes you happy and makes an impact.' Hopefully in 30 years I can look back and say I did something new. And I think, as Canadians, that's what we need to do: We need to build a culture that speaks for itself—to do something different and from our own angle." CHARLOTTE HERROLD

INSTA-STYLE ROUNDUP-

Our favourite snaps from the front lines at World MasterCard Fashion Week.



We caught up with model Dauphine McKee backstage. #peaceout



Sid Neigum's angelic crew posed for the cameras post-show. #groupshot



Mikael D's opulent gowns had us dreaming of redcarpet invites. #strikeapose



Cool girl Kiera Yasmeen caught our eye at Hayley Elsaesser. #freshface



Pink Tartan staged an ethereal show-clouds included. #heavenly

Acne cleansers don't have to smell like acne cleansers.

NEUTROGENA® Pink Grapefruit Oil-Free Cleansing Wipes.

Developed specifically for acne-prone skin, they sweep away pore-clogging impurities and oil effortlessly.

With a fresh grapefruit scent they don't just feel amazing, they smell amazing too.

Rated ★ ★ ★ ★ stars at Neutrogena.ca



Neutrogena®

*Adult skincare brand in North America, excl. Mexico
14.4 out of 5. Based on 14.7 reviews posted on Neutrogena.ca
as of June 2. 2015 and subject to the Ratings & Reviews Terms of Use

#1 DERMATOLOGIST RECOMMENDED



Boast Your Skin's Radiance!



Skin Renewing

BODY LOTION

600 mL

Collagen Elastin
Proven to visibly improve skin's





Say hella to instant radiance!

Body lotion made with Collagen and Elastin.

#LiveLifeRadiant

www.stives.ca

BEN MORRIS; TYPOGRAPHY BY ELENA VILTOVSKAIA

RADAR*

TRACKING THE BEST IN MOVIES, BOOKS, MUSIC & ART





ing," says Vancouver-born actress Mackenzie Davis over the phone as she wanders through Bryant Park in New York City. "I find I get so anxious giving interviews in my apartment. I like to be out so I can compose myself to some degree." Her love of being outdoors and in perpetual motion could be attributed to her summers spent boating "on the high seas" with her family along the Sunshine Coast. "It's seriously the most magical place," the 28-year-old actress says with delight. The words "magical," "sublime" and "gorgeous" come up often when Davis talks of home, but, the actress admits, it was only after she left Vancouver that she began to fully appreciate the city. "I went on a hike with my mom not too long ago, and it was a hike that I'd gone on my entire life, but it was the first time that I really saw how beautiful and intense nature is in Vancouver," she recalls. Today, the actress bounces

> between Los Angeles and New York while filming AMC's summer hit Halt and Catch Fire (now in its second season). The show, largely heralded by critics as the next Mad Men, features a small ensemble cast of highly combustible charac-

ters working in Silicon Prairie during Dallas' 1980s communica-

tions boom. Davis' character, Cameron Howe, is equal parts coder and hacker and has a predilection for all things punk. "Cameron loves to be hated, but that's what I love about her," says Davis, laughing. "Questions like 'Do people like me?' and 'Am I allowed to speak?' never enter her mind. She thinks she's the shit, and that's so cool!" While Davis is a decidedly quieter and more thoughtful version of her Halt and Catch Fire counterpart, she shares a similar love of saying exactly what she's thinking. (She started off our phone conversation by politely saying she hates talking on the phone.) Passionate about civil rights, along with gender dynamics and their ties to feminism, Davis declared herself a feminist while studying at McGill University in Montreal. So what does the actress have to say about the rise of high-profile women and men declaring themselves feminists this year? "I think it's great, but I hope it's not just another trend that we consume and then spit out," she says. "There are more conversations to be had after you declare yourself a feminist."



This Gemini-nominated actress recently wrote. co-produced and directed her first short. The Smoke Shack, and can currently be seen in Netflix's supernatural thriller Hemlock Grove.



We Annie Murphy

2015 was Murphy's year: She landed a headlining role alongside comedy legends Eugene Levy and Catherine O'Hara on CBC's Schitt's Creek (already renewed for a second season).



We VEvelyne Brochu

Brochu first garnered attention as the love interest of Tatiana Maslany on the award-winning Orphan Black. This year, you can find her starring in CBC's new Second World War drama X Company. ▷







anything, so I don't think it limits me in any way."

Do you feel that growing up Canadian has shaped the sort of music you make? "There's an independent mindset here. When you grow up in Canada, you're not surrounded by lots of people trying to make music or become an artist—but because of that, I had the chance to form who I am as a musician in a more genuine way. It's something I feel in young Canadian artists."

You live in Brooklyn right now, but when you think of Canada, what comes to mind? "Fresh air. When I go back to Vancouver, it's the polar opposite of New York; it's like stepping out of a stuffy oven into an open, fresh garden."

Is it easier to be creative in a space *like Vancouver?* "There are different kinds of creativity, fuelled by different environments. A place that's so heavily charged with energy can be inspiring. On the other hand, it's important to be able to be alone and have the space to be creative, and that's something that is hard to find in a place like New York."

why she loves being Canadian. Your real name is Valerie Teicher. Why did you opt for the stage name "Tei Shi"? "I never thought my given name, Valerie, was interesting or sassy. I also like the idea of having a separation between the personal self and the career self. Tei Shi is very much an extension of me, but it also allows me to access a more extreme side of myself—I feel

to the rhythm of a kick-drum beat)—is

one of the year's most-buzzed-about

alternative releases. The latest single.

on SoundCloud and a video racking

is laden with the sort of promise that

makes a massive first album a near-

"Bassically," has over a million listens

up hundreds of thousands of views and

given. Before the Vancouver-raised, now

on a busy summer of festival shows, we

Brooklyn-based performer embarked

grabbed her to talk labels, names and

You've called your sound "mermaid music." What does that mean? "It was just a lighthearted way of not labelling my music and calling it something ambiguous. It doesn't really mean

more free to explore."

Catch Tei Shi at B.C.'s Squamish Valley Music Festival (August 7–9).

THE GAME CHANGERS

This year's MVPs of rhythm have been honing their craft in the studio and on the road.



1. KAYTRANADA In a nutshell This Port-au-Princeborn. Montreal-raised left-fieldbeats ambassador cooks up a banquet of uptempo neo-soul that is both relentlessly danceable and fearlessly funky. And let's not even get into how he revamps vintage Missy Elliott and Janet Jackson cuts. Why you should care His first international tour sold out in a hot minute, so expect Louis Kevin Celestin to spread his off-kilter beats and bouncy bass lines far and wide this year. He has already logged studio time with Mobb Deep, hosted a monthly residency on BBC Radio 1 and teased us with news of an impending debut on British imprint XL Recordings



(home to Adele and The xx).

2. ALLIE X

In a nutshell Shadowy synth-pop awash in anatomical references from an enigmatic artist who keeps us intrigued with kaleidoscopic music videos and spinning GIFs. Why you should care Since that fated Katy Perry Twitter shout-out, Allie X has done what few fledgling artists have the courage to do: trust her instincts and roll out her multidisciplinary "Xperience" on her own terms. Plus, when a songwriter tells you that her four main influences are Tom Petty, Sia, Björk and ABBA, you know you're in for a wild ride. ▷



Important information for AIR OPTIX® COLORS (lotrafilcon B) contact lenses: For daily wear only for near/far-sightedness. Contact lenses, even if worn for consectic reasons, are prescription medical devices that must only be worn under the prescription, direction, and supervision of an eye care professional. Serious eye health problems may occur as a result of sharing contact lenses. Although rare, serious eye problems can develop while wearing contact lenses. Side effects like discomfort, mild burning or stinging may occur. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor.

Reference: 1. Eiden SB, Davis R, Bergenske P. Prospective study of lotrafilcon B lenses comparing 2 versus 4 weeks of wear for objective and subjective measures of health, comfort, and vision. Eye & Contact Lens. 2013;39(4):290-294.

Ask your eye care professional for complete wear, care and safety information. © 2015 Novartis 10/14 VC14369

Alcon

MUSIC

THE INSIDER

If anyone has their finger on the pulse of Canada's music scene, it's Shad, a rapper and the new host of CBC Radio's culture flagship Q. Here are four reasons he says we're hotter than ever:

- 1. THE AUBREY GRAHAM EFFECT "The continued reign of Drake has been great for the hip-hop scene and inspired so many singers and rappers, like Brendan Philip. He's a cool new artist who has released some material that's really catching on."
- 2. A NEW INDIGENOUS SOUND "There is a current wave of indigenous artists—A Tribe Called Red, Tanya Tagaq, Leonard Sumner, Buffy Sainte-Marie—who are offering a range of different voices that have never crept so close to the mainstream in recent memory. They're presenting progressive perspectives on important issues."
- 3. OUR CUTTING-EDGE PRODUCERS
 "There are a lot of great new Canadian music
 producers, like Ryan Hemsworth (Grimes, Cat
 Power, Frank Ocean) out of Halifax and



Kaytranada out of Montreal. People say 'moody' is something Toronto does really well, but in general, I don't think Canada has a distinct sound, which is something that's pretty cool about the music culture we've managed to foster here. There's a lot of creativity."

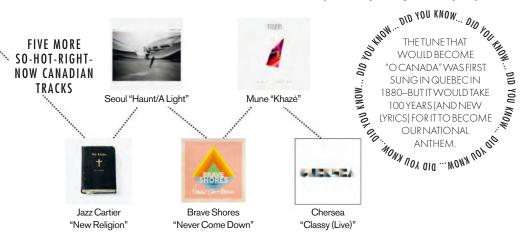
4. WE EXPORT THE BEST "The next to go global will be Hey Rosetta! from St. John's, N.L. They're already quite big here in Canada, but I really think they're as good as anybody."



3. MAJID JORDAN In a nutshell Toronto's Majid Jordan (vocalist Majid Al Maskati and producer Jordan Ullman) serves up some of the sultriest, silkiest and most synth-soaked club rhythms this side of the equator. Why you should care Al Maskati and Ullman first met at the University of Toronto; since then, their alt-R&B recipe has won them the affection of the almighty Drizzy. After co-producing Drake's "Hold On, We're Going Home" single, they signed with his label OVO Sound and released a hauntingly good EP. Their dreamy down-tempo has been linked to an increased risk of amorous longing.



4. MILK & BONE In a nutshell Wistful electro harmonies and sumptuous piano chords from two Montreal multi-instrumentalists with buttery-smooth pipes. Why you should care Laurence Lafond-Beaulne and Camille Poliquin are old friends who first bonded at music school and then as touring musicians. That level of intimacy accounts for their disarming lyrical honesty. Little Mourning is a bass-achingly poignant debut album that is equally well suited to lakeside introspection and dance-floor intimacy.



FOOD -

THE CLASSICS *Made just for us Canucks (because we take snack time seriously).*



THE INSIDER" & "THE ALL-CANADIAN SIPPER" BY SARAH LAING; "THE CRAFTERS" BY SARAH LAING & ALIYAH SHAMSHER; GEOFFREY ROSS (COCKTAIL); INSTAGRAM//@MAJIDJORDAN (M. JORDAN); INSTAGRAM//@MILKNBONE (MILK & BONE); GETTY IMAGES (DOUGHNUTS)



You love your local craft brews; now it's time to get familiar with the best of the Canadian spirit world—in particular, whisky. The drink is experiencing a renaissance north of the 49th parallel: "These are not the polite, smooth whiskies that were popular decades ago," says Mark Bylok, author of the must-have manual *The Whisky Cabinet*. "Instead, they're flavour-forward and telling of what the next generation of Canadian whisky is shaping up to be." These are the three bottles he has his eye on:



Canadian Club Chairman's Select 100% Rye

(\$27.45, at liquor stores)

"Released in the fall of 2014,
this is made from all rye and
aged for several years. It is
floral, deep in character and
nicely balanced. The whisky
is dark in colour and has
elements of burnt sugar,
a dry finish and rich rye
spice throughout."



Lot No. 40 (\$39.95, at liquor stores) "Lot No. 40 is the heart of

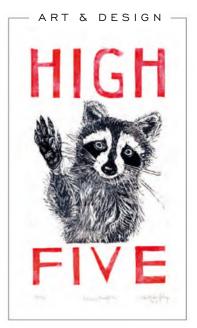
J.P. Wiser's line. While J.P.

Wiser's Deluxe is made of ryeand corn-distilled whisky and blended for a mild drink, Lot No. 40 is made from 100-percent rye, which has more character. It has hints of dark fruits, a dusty grain, pepper, florals and a long spicy finish."



Masterson's 10-Year-Old Straight Rye Whiskey

(\$75.50, at liquor stores)
"Masterson's is distilled by
Alberta Distillers and bottled
in California. It starts smooth,
with deep, rich, oaky notes,
and follows through with a rye
spiciness that's beautifully
complementary. This premium
rye is a little harder to find but
well worth the search."



THE CRAFTERS

Mark September 26 on your calendar: That's the day of the nationwide Etsy: Made in Canada marketplace. Etsy artisans (last year there were more than 1,200 purveyors of all things handmade/homemade/lovingly crafted) set up shop across 34 Canadian cities for a one-day made-local love fest. To see who'll be bringing the goods in your town, check out etsy.com/madeincanada.

WATCH OUT FOR Things From Secret Minouette Places, the shop of Toronto-based Ele Willoughby, who uses carving knives to create colourful block prints that are equal parts history lesson and tongue-in-cheek vintage Canadiana. ▷



Head to ELLECanada.com/living for cocktail recipes perfect for your new whisky collection.

Kris Knight reimagining Gucci's iconic Flora pattern



THE **PORTRAITIST**

n intoxicating mix of desire, sorrow and vulnerability can often be found in Toronto-based painter Kris Knight's pastel portraits. Fitting, as the 35-year-old artist notes that he spent much of his youth in rural Ontario, searching for an identity of his own.

His love of pastels came early; as a child, Knight would

BYA CANADIAN

Woman is emily carr's

THE CRAZY STAIR,

WHICH SOLD FOR

help his mom, who was a baker, tint icing and, without knowing, ended up creating his now-signature palette of saccharine-sweet pinks, greens and blues.

MONY 100 A QIQ ... MONY 100 H Enchanting the fashion world this year, the artist was asked by designer Christian Lacroix to create a painting for his exhibit Lumières: Carte Blanche à Christian Lacroix, followed by Gucci, who had Knight reimagine the house's iconic Flora pattern for its 2015 resort collection. Up next, Knight is back in the studio, prepping for his solo exhibition, Never-Never, which

> will open at the Katharine Mulherin gallery in Toronto in September.

THE NEW RECLINER

Does this chair take embracing the Canadian tuxedo too far?

Don't be ridiculous. FYI, this Canadian-designedand-made solid-ash piece also comes in buffalo plaid and a lumberjack-approved check. (Just sayin'.) (\$885, MADE, madedesign.ca)



the Montreal-born artist behind that Chanel Bagel Bag (you know, the cheeky "knock-off" that model India Menuez wore to a fancy Chanel dinner last year that totally discombobulated the fashion pack). This Canuck living in NYC is all about making art with a sense of humour, classifying her work as "mixed-media-Canadian-Jew-bratcomedy-art." What does this look like most of the time? Think a series of designer bags made out of breakfast foods (like Pancakes No. 5, shown here), a bacon sculpture called Star of Larry David and a meta-selfie portrait series-all of which have earned her two solo shows and she hasn't even reached her 25th birthday.









Removes stubborn makeup

Calms sensitive skin





- FORMULATED WITH MORINGA SEEDS AND PLANT EXTRACTS
- DISSOLVES IMPURITIES AND WATERPROOF MASCARA
- SOOTHES AND COMFORTS SKIN
- SKIN FEELS MOISTURIZED, PROTECTED
- WITHOUT ANY FRAGRANCE, ALCOHOL OR DYE

GET YOUR COUPON AT GARNIER.CA



SOCIAL MEDIA

THE MODEL INSTAGRAMMER

Name Winnie Harlow

Handle @winnieharlow

If you aren't familiar with Harlow, you soon will be. The Toronto-based model is quickly becoming one of the world's most-sought-after faces—and as a vitiligo spokesmodel, no less. Harlow's 800,000-strong Instagram account is a no-holds-barred look at the model's life running through #the6ix.



THE LAUGH-OUT-LOUD TWEETER

Name Anne T. Donahue
Handle @annetdonahue
Meet the next Kelly Oxford (a.k.a. the first
Canadian Twitter star). Living in Toronto,
Donahue writes for *Rookie* and has her own
newsletter, podcast and blog. But she's best
known for her LOL-worthy observations
about pop culture, which she shares
with her loyal followers.



THE SUPERWOMAN YOUTUBER

Name Lilly Singh
Handle @IISuperwomanII

With more than five million subscribers,
Toronto-based Singh isn't just one of the top
YouTubers in Canada—she's one of the top
in the world. And it's easy to see why:
Singh's Seinfeldesque views are as relatable as they are hilarious. (Her video "Types
of Sleepers" had us laughing for days.)



THE MOTIVATIONAL SNAPCHATTER

Name Chris Carmichael Handle @ChrisCarm

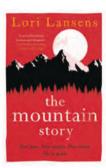
Creating lessons on everything from how to set goals to why failure is an illusion has led Toronto-born Carmichael to amass over 100,000 followers on Snapchat, making him one of the first Snapchat superstars—ever. He's now working with brands like the NHL and FOX to keep the good vibes going.



BOOKS -

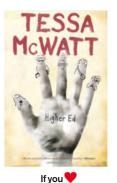
THE NEXT BIG STORYTELLERS

Powerful, perceptive prose? Canadians are raised on it (special shout-out to Robert Munsch's *Thomas' Snowsuit*). Our nation has a well-loved roster of literary superstars—and a fresh crop of talent poised to take on the mantle of greatness. Here are our picks to inherit the crowns of some current CanLit giants.



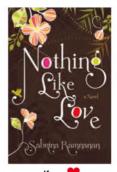
If you Farley Mowat...read The Mountain Story by Lori Lansens.

It would be an utter waste of our magnificent landscape if Canadian authors like Lansens weren't carrying on the tradition of wilderness lit. Thankfully, Lansens' survival tale of four people stranded alone on a mountainside is as terrifying and gripping as it is an homage to the fearsomeness of the natural world.



Joseph Boyden...read Higher Ed by Tessa McWatt.

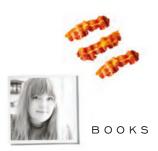
Canadian authors excel at "human dramas as a microcosm for reflecting universal truths," especially when they are paired with achingly lovely writing. McWatt's tangled tale of five flawed, frustrating people is more of the (amazing) same and so vividly written that you'll miss hanging out with her characters well after you've finished the book.



If you L. M. Montgomery... read *Nothing Like Love* by Sabrina Ramnanan.

Great Canadian
literature doesn't have
to be all dysfunctional
families and barren
prairie abysses. This
warm, funny novel, set in
Trinidad, is a story of an
18-year-old girl's mission
to do everything she can
to win back the boy of her
dreams...and discover
a destiny of her own.

"THE DIGITAL DARLINGS" BY ALIYAH SHAMSHER; "THE NEXT BIG STORYTELLERS" & "THE FUNNY GIRL" INTRO BY SARAH LAING; INSTAGRAM/ WINBHARLOW, INSTAGRAM/ANN ET BONAHUE (A. T. DONAHUE); INSTAGRAM/CHRISCARM (C. CARMICHAEL); ISTOCK (BIRDS); INSTAGRAM/@MONICAHEISEY (M. HEISEY)







$\mathsf{T}\,\mathsf{H}\,\mathsf{E}$ FUNNY

Lena Dunham wrote a cover blurb for Toronto-born Monica Heisey's new collection of short stories, I Can't Believe It's Not Better, and it went like this: "It is the only humor book I ever want to own." Dunham was, of course, spot-on in her assessment of this 27-year-old essayist's smart, sensitive way of poking fun while plumbing the depths of everything from sex to female friendship. Don't believe Dunham or us? We asked Heisey to prep a little meditation on Canadian summertime that we defy you not to laugh at. Also: You'll probably crave s'mores.



7 A.M. Wake up too early by accident. (Birds.)

7:15-10:15 A.M. Fight to go back to sleep, periodically researching methods of

bird genocide.

10:30 A.M. Give up and get out of bed, but bookmark a few boutique poison shops on Etsy.

11 A.M. Big old breakfast: waffles, fruit, eggs and bacon. These are photos you look at on Instagram while shovelling peanut butter into your mouth.

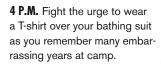
12 P.M. Stack rocks on other rocks for a really long time. Tell everyone you are "building an inukshuk." Fail to do so.

Throw rocks into the water, telling everyone you are "skipping rocks." Fail harder.

1:30 P.M. Dock nap.

2:30 P.M. Awaken with a confusing new tan line.

3:30 P.M. Barbecue. Everyone talks about how gross hot dogs are and eat several each.



5:05 P.M. Wear a T-shirt over your bathing suit.

6 P.M. Plan to go canoeing.

6:05 P.M. Plan immediately backfires and involves so much untying knots, assembling life jackets, heavy lifting and getting the tops of your shoes wet. Also: mosquitoes.

7:30 P.M. Sweaty paddle around the lake. (MOSQUITOES.)

8 P.M. There are fireworks somewhere, and you don't know why but you're definitely going to go.

8:30-11:30 P.M. Marshmallows + fire + beer. Repeat as needed.





Give your stubborn makeup a clean swipe, even on sensitive skin.



- MICELLAR TECHNOLOGY AND PLANT EXTRACTS
- REMOVES EVEN WATERPROOF MAKEUP WITHOUT RUBBING
- SOFTENS AND CALMS SKIN
- WITHOUT ANY FRAGRANCE. **ALCOHOL OR DYE**















OTHER FAMOUS MARCUSES

Marcus Mumford (banjo strummer, husband of Carey Mulligan) Marcus Aurelius (emperor, philosopher, stoic) Herbert Marcus (as in Neiman Marcus)



MEET THE MIXOLOGIST

Jenna Stortini has always gravitated toward savoury cocktails, so it seemed inevitable that the Sault Ste. Marie, Ont., native would tackle innovating the salty Caesar. The biggest challenge? "It took me a long time to find the perfect adhesive for the homemade rimmer." (Spoiler: It's honey.) The secret ingredient? "The red wine is what makes this drink special, so don't forget it!"







WHAT TO WEAR Firing up the coffee grinder in this

sleep shirt (\$210, thesleepshirt.com) is the coolest you'll ever look in your jammies.

RECIPE Honey Rimmer mix 2 lemon wedges 1 oz. (30 mL) dill-infused vodka 2 oz. (60 mL) Ripasso wine 1/2 oz. (15 mL) spicy pickle juice 1/2 tsp. (2.5 mL) spiced syrup 1/2 tsp. (2.5 mL) Sriracha Walter All-Natural Craft Caesar Mix (mildly spiced) Worcestershire sauce

Brush the edge of a Mason jar with honey and coat with rimmer mix. Muddle lemon wedges and add vodka, wine, pickle juice, syrup and hot sauce. Add ice; top with Caesar mix and a generous shake of Worcestershire sauce.

COCKTAIL SPOTLIGHT

THE MARCUS BRUTUS

The list of alcoholic drinks that are socially acceptable to imbibe before 9 a.m. is short, but Canada has made an important contribution. (And, no, we're not referring to that thing you do with Tim Hortons and a flask on the subway.) The Marcus Brutus, dreamed up at Ottawa hangout The Albion Rooms, is an elevated spin on the classic Caesar. "Drink it in the morning," say the bar team, "preferably after a night of boisterous shenanigans." This spicy sip is best enjoyed curled up in a Muskoka chair with Ryan Gosling at your feet playing "The Hockey Song" on a lute.



Three Canadian "tolerable before 11 a.m." alternatives to "Easy Like Sunday Morning."



Faith Healer, Cosmic Troubles An Edmonton duo's drowsy take on the '70s, featuring tambourines and a harmonium.



Beth Moore, Five Out of Ten Rollicking, rowdy balladeering from a St. Catharines, Ont., native harmonizing out of heartbreak.



Zaac Pick, Constellations Vancouver's answer to George Ezra (but with smoother, silkier vocals).



For the full recipe, including Stortini's rimmer mix, spiced syrup and pickle juice, visit ELLECanada.com/ currentissue.



#WOKEUPLIKETHIS

Greet the day scented, moisturized and gently shimmering with Nuxe Huile Prodigieuse OR (\$35, at Murale, murale.ca).



THE SUBSTITUTE

Try Walter Caesar Mix, an all-natural small-batch alternative to Clamato (\$7.99, waltercaesar.com).

GET YOUR FASHION FIX







ME, MYSELF & I

After a frenzied rise to pop stardom in 2012 thanks to the megahit "Call Me Maybe," today Carly Rae Jepsen is learning what life looks like left of centre.

By Aliyah Shamsher Photographs by Owen Bruce Patent-leather jacket (McQ, mcq.com), beaded dress with ombré sequins (Mikael D, mikaeld.com), cotton shirt (Roots, roots. com), black-rhodium-plated 18-karat-gold and diamond "Double Bar" ring (Diane Kordas, at Archives, archivesltd.com), black-rhodium-plated 18-karat-gold, blackdiamond and ruby "Snake" ring (Pristine, at Archives), 18-karat-white-gold and black- and grey-diamond "Dots" ring (Delfina Delettrez, at Archives) and white-gold and diamond stud earring (Jaleh Farhadpour, at Archives)



ECELEBRITY

CARLY RAE JEPSEN emerges from the dressing room wearing a crystal-beaded flared mini, black Chelsea boots and a customized lamb-leather and neoprene motorcycle jacket by Rudsak thrown over her shoulders. It's one of the final looks of the day for her cover shoot, and the whole room can hardly contain their excitement. But after a couple of shots, Jepsen wonders aloud if the outfit is working and quietly asks if she can try another look. She disappears for a moment with the stylist, and a switch is made. She reappears in a black miniskirt and semi-sheer black turtleneck crop top by Mugler with the same leather jacket thrown over her shoulders—and this time around, the look has the 29-year-old pop star twirl-

ing. This may seem like a relatively small change, but for Jepsen it's a noted triumph as she navigates her way back into the public eye after spending almost two and a half years away from the music industry.

"I think I've learned a lot about myself," the Canadian star says just minutes into our conversation after the shoot. "Even learning that I could say 'no' or that I didn't have to be the 'yes girl' all the time was a really important lesson." A hard-won lesson, no doubt, especially after her 2012 worldwide hit "Call Me Maybe" catapulted her—practically overnight—into the centre of pop-star fandom, a scenario that the artist calls both a "fairy tale" and a "double-edged sword." (It's hard to say

no when you feel lucky just to be in the room.) "When I first moved [to L.A.], I still felt like a little girl, even though I was 26. I was just very grateful for everything and scared to say anything," recalls Jepsen. "There were so many things that I wouldn't be vocal about. This time, I'm a little bit less afraid and more in control."

Rewind back a few years, and Jepsen, who'd moved from Mission, B.C., to Vancouver, had worked her way up from being a part-time barista and sleeping on a friend's couch to finishing third on *Canadian Idol* in 2007. The following year, she released her first solo album, *Tug of War*. Things were quiet on the career front until 2011, when she released the single "Call Me Maybe" while working on her sophomore album. After her song reached number 11 on Canadian iTunes, Jepsen was ecstatic: "I kept thinking 'Dad, look! I'm making money from music!'" It was then that Jepsen hit the social-media jackpot: Justin Bieber and Selena Gomez tweeted about the song after hearing it on Canadian radio. It suddenly skyrocketed to number one in 15

countries, selling more than 12 million copies, and became the bestselling single worldwide in 2012. It was also the first song by a Canadian artist to reach the top of the Nielsen SoundScan Digital Songs chart since Bieber's "Baby" in January 2010. It's the kind of success that many dream about but few obtain (a good old-fashioned fairy tale indeed). While Jepsen attributes most of her success to luck ("It was just the right song at the right place at the right time"), many critics have noted that she is able to do what few pop stars can do today: create a hit song that everybody—from your 16-year-old sister to your 70-year-old grandmother—truly loves. Just Google "Call Me Maybe Parody" and 357,000 entries

come up; even the likes of Taylor Swift and Rihanna have never been able to achieve that.

But Jepsen, who rushed to create her third album, Kiss, in under two months to capitalize on the success of "Call Me Maybe," quickly began to feel like it wasn't really about her anymore. "I'd show up to a [writing] session and people would be like 'You're just here for decoration; we'll write the song and give you credit," she says. And after being repeatedly asked how she was going to top "Call Me Maybe" by management and writers, Jepsen decided that she'd had enough and called it quits. Want to know what happens after the fairy tale ends? For Jepsen, it involved a two-year break, quietly liv-

ing her life between New York, L.A. and Sweden and slowly but surely taking back control. "I'd rather be able to morph and change naturally," says the artist. "I got to this place where I remember being like 'I don't want to make "Call Me Maybe" again!" she says, laughing, and then quickly adds, "That was an amazing time in my life, but to have to recycle the same sort of song forever is just not inspiring to me."

For most of 2014, Jepsen played Cinderella on Broadway (alongside Fran Drescher), and while many critics speculated that this was the beginning of the end for Jepsen's music career, the artist notes that it was precisely because of her role on Broadway that she felt compelled to make another pop album. "I think doing *Cinderella* really placed me outside of what I thought was the whole world," she says. "Being around people who not only didn't care if you were in the pop world but actually preferred if you weren't took my head out of that game in a really healthy way. Suddenly, it wasn't about sitting down and writing a song but having an idea while \triangleright

"I GOT TO THIS PLACE WHERE I REMEMBER BEING LIKE 'I DON'T WANT TO MAKE "CALL ME MAYBE" AGAIN!"





Wool and viscose moto vest (Beaufille, beaufille.com), viscose and acrylic metallic zip-up turtleneck (H&M Studio Collection, hm.com), embossed leather skirt (Winners, winners.ca), felt hat (Aldo, aldoshoes.com), silver and black-diamond three-finger ring, silver and white-diamond two-finger ring and silver and black-diamond flat two-finger ring (all AS29, at Archives, archivesItd. com), black-rhodium-plated 18-karat-gold and diamond ring (Jaleh Farhadpour, at Archives) and cotton socks (Malorie Urbanovitch, malorie.ca). Right: Viscose turtleneck (Carven, carven. com), beaded collar (Marshalls, marshallscanada. ca), polyester, wool and rayon trousers (Beaufille), metal sunglasses (Matthew Williamson by Linda Farrow, at Archives) and pony-hair heels (Noir Boutique, at remixclothing.com)

walking through New York City and thinking 'Where's my phone?'" After recording what would later become her title track, "Emotion," while still on Broadway ("The night I recorded it, I had to do a show, and afterwards the director asked me why Cinderella sounded like Janis Joplin!"), Jepsen knew it was time to get back into the studio.

Two years—and 200 songs later, Jepsen is finally releasing her fourth album, Emotion (out August 21). Instead of rushing and trying to make split-second decisions about her sound and direction, the star took her time, working on songs for weeks, in multiple cities and with multiple writers, including Dev Hynes from Blood Orange, Rostam Batmanglij from Vampire Weekend and pop superstar Sia—a process that she says "suits [her] personality more." "I wanted to experience something different with Emotion. I was reaching out to people myself; [the collabs] may seem a bit unexpected, but it was important for me to try and work with them. I gave myself time to experiment and make some left turns," she says. "I think it's hard for artists when they're known for one type of music-you go through this rebellion stage and think 'But I'm so much more!' And I definitely felt that. So I wrote about 200 songs just for me and my own heart."

The resulting album is a 17-track synth-heavy ode to 1980s pop that looks to strip away the artist's sugary-sweet vocals of the past in order to reveal a richer, sultrier sound. Listening to a lot of Madonna, Prince and Cyndi Lauper during the recording process, Jepsen knew that it had to be a 1980s album from the get-go. ▷



ECELEBRITY

("That's when pop was at its finest!") Her first single, "I Really Like You," already has 64 million views on YouTube. (The video features yet another collab, this time with Tom Hanks.) However, it was a song she was hesitant to release. "It was a big debate, actually," says Jepsen. "You'll find that the sound sort of stands alone." It's true: Out of all the songs on the album, this one is most reminiscent of Jepsen's "Call Me Maybe" days. But, in the end, the artist agreed that it was a good transition for fans, and she's hoping they'll want to discover more. "I want to push past what traditional pop can be; it can be hooky, but I was trying to be really honest about how I feel and bare my soul a little."

Perhaps Jepsen's interest in being "really honest," with her fans and herself, can be attributed to the fact that she's turning 30 this year. "So far every year that I've gotten older, I feel more confident in knowing who I am," she says. "And there are a lot of people in my life who keep telling me that my 30s will be the best decade ever!" Jepsen has also transformed her look to match her current mood. Shedding her girlie boho dresses and long, flowing hair for menswear-inspired pieces and a very fitting 1980s Ally Sheedy haircut, the artist is trying a more androgynous look on for size. "I think it started in Sweden," she says. "I want to wear things now that make me feel strong and empowered rather than sexy and cute." She also dyed her hair jet black while on a 25-city European tour to promote "I Really Like You." "It was sort of this bouncing-around effect, where you're not really sure which country you're in, and I found myself getting to a point where I was like 'I need to dye my hair black!'" she says, laughing. "I just need a bit of 'emoness' at the moment."

And could she also be feeling a bit nervous about releasing an album that is so close to her heart? "I don't have that feeling, and I don't know if I should," says Jepsen. "My emotions are all off. But mostly there's just a real hunger to get this music out there and for people to hear the other songs." If she's nervous about anything, it's coping with the celebrity side of the business. "I feel like that was a weird adjustment for me," she says, remembering her first go-around with fame. "I was introduced to so many socialites who would invite me to red-carpet events. But I was like 'Meh! I'd rather just go to a whisky bar and not have to go out!" (She still doesn't, unless she's touring.) Jepsen is mostly feeling "proud" and "excited," and she still counts herself lucky—but this time for an entirely different reason: "There have been many fairy godmothers along the way that just keep offering me opportunities," she says. "But this time, I have people who, instead of forcing me to do something I don't want to do, get what I'm trying to create and are helping me make it even better."







ALL THE WRONG MOVES

Can a guy be gutless and still get the girl? BY PASHA MALLA

bout an hour into Fargo, the Coen brothers' Oscar-winning crime caper about a botched kidnapping in rural Minnesota, the action more or less hits the pause button while Sheriff Marge Gunderson meets an old high-school acquaintance for a drink. It's a strange, anomalous break, and viewers and critics alike have debated its significance: Does the interloper, Mike Yanagita, simply provide a humorous aside, or is he some metaphorical key to unlocking the entire movie?

My response to those four and a half minutes is more personal, and there's one moment in particular that really hits home for me. After an exchange of life updates, Mike slithers around to Marge's side of the booth, slings his arm around her and asks, "You mind if I sit over here?" Marge freezes. "No, why don't you sit over there?" she says stiffly. "I prefer that." And Mike, romantic aspirations squashed, is banished to the far side of the table.

Mike's lame attempt at seduction, though borne of loneliness, reads

somewhere between desperate and creepy. The guy not only misjudges the situation but also forces Marge to embarrass them both. (Whoever posted the clip to YouTube subtitled it "The most pathetic character in all of film.") So what is it about the scene that resonates with me so strongly? The humiliation, mainly. You see: Mike Yanagita, *c'est moi*.

This sort of rejection, keep in mind, is a rare thing in cinema. Usually the movies instruct us that the lovable (male) loser, if persistent enough, will get the girl. This was the narrative I grew up on, so it was with feelings of manly purpose and misplaced confidence that, at my first school dance, I decided to go for it with Katie Sharpe, the girl I loved. Katie was in Grade 6, and I was in Grade 5, and that year between us felt like a chasm; while the mere thought of her made my guts swim down to my shoes, I doubted she even knew my name.

But Hollywood had led me to believe that precisely because of the impossibility of our love, it was destiny. So with the disco ball twirling, I strode boldly across the floor, right up to Katie, and asked her to dance. Except I hadn't considered that our soundtrack was "Don't Worry, Be Happy," which didn't really facilitate the arm's-length clutch and wobble of the elementary-school slow dance. "This song's a little fast," Katie told me gently enough—though no kindness could soften the deep, booming shame that sent me scuttling not just back across the gym but right out the door and home.

Other blunders in my formative years—a bold attempt at a kiss interrupted by a terrific fart, an ill-conceived letter confessing love to a female friend—were usually met with bemused dismissal. No one was ever mean, exactly, and my shame was the result of failure—my own but also that of some grander narrative of what being a man (or, sure, boy) was supposed to mean. So as I moved into adulthood, I became a little wary of trying too hard when it came to dating.

My strategies developed, or devolved, into something a little more... gutless, let's say. Instead of pickup ▷

ERELATIONSHIP



Brought to you by

lines, for example, I favoured the "get drunk over here and assume she notices me" approach—which was captured with painful precision in a recent sketch by comedian Amy Schumer. "Hello, M'Lady" is based on two female

friends' experience with "those clingy, fragile guys who think they are dating you"-a.k.a. M'Ladying-and acutely lampoons the passiveness I adopted after my own failed attempts at Hollywood-style courtship. (The text one of the women receives-"I wish I'd kissed you just now"—is an exact replica of a message I sent to a fancy Parisian after unsuccessfully M'Ladying her for a week.)

This isn't to say I haven't had girlfriends. Remarkably, I've bungled my way into relationships with some truly wonderful people, although even they will joke about how impossible I was to read at first. (I do get better.) I guess my go-to method comes across as aloof—despite the fact that it's mostly about self-preservation.

Apparently, I'm not alone in this. Many straight female friends of mine complain about the lack of social boldness among Canadian men: A smile across the bar often won't be returned so much as fled from. Conversely, they also tell horror stories of an accidental glance being misconstrued as an invitation by a different kind of monster. As for the cowards, I wonder if their passiveness is partly meant to set them apart from this breed of overly confident—but equally clueless macho man.

There's likely no generically correct way to be_and if you're looking to me for answers, may God have mercy on your lost and hopeless soul.

I suppose that somewhere between bullheaded overeagerness and total apathy lies the sweet spot of heterosexual dating. There's likely no generically correct way to be-and if you're looking to me for answers, may God have mercy on your lost and hope-

less soul. But I do think that treating women with respect and dignity, and offering them a choice of saying yes or no, is always better than leering at someone from across the bar.

Many years ago, in the height of my M'Ladying days and after a few too many drinks, I insinuated myself into a young woman's apartmentharmlessly enough, I figured, since I knew that I would be too chicken to make a move. But she didn't know that, and she clearly didn't want me in her home—nor did she much care for me passing out on her sofa. The next morning, of course, I awoke to a shame even more profound than if she had slammed the door in my face.

It was a good reminder that even the alleged progressives—and cowards!—among us are not impervious to certain socializations. The culture that makes a man feel fundamentally worthless for having a kiss turned down is the same one that makes a woman feel she's obligated to kiss him in the first place. But whether a man is a shining light of Clooneyesque confidence or a grovelling wretch like Mike Yanagita, we owe it to women to accept rejection. And when we're told "Sit over there," "Leave now" or, simply, "No," we should always listen, and it's always okay. \square





ROMANCE

THAT'S AWKWARD

Sometimes love gets a little...uncomfortable.

LISTEN CLOSELY

When these tracks come on the jukebox, your slow dance is about to get weird.



'Confessions Part I" by Usher Buzzkill lyrics: "I've been telling you so many lies / Ain't nothing good it's all bad"



"Private Dancer" by Tina Turner Buzzkill lyrics: "I'm your private dancer/Adancer for money/ And any old music will do"



"All My Life" by K-Ci and JoJo Buzzkill lyrics: "Close to me you're like my father / Close to me you're like my sister"



WE ASKED... MHAIRI MCFARLANE **ANSWERED**

Bridget Jones, watch your back: Novelist Mhairi McFarlane's heroines (most recently in the madcap It's Not Me It's You) are hilarious, a little hapless and all heart. This Scot's stories make us laugh and cry, and it turns out she also gives great love advice.

Ron is handsome and charming...and uses mirly pnfl txtspk. Should I look beyond his poor command of written English? "It's over. Unless he's going to claim that his Bieber-aged cousin kidnapped his phone, this sort of nonsense is a stone-cold boner killer."

When I arrived early for a Tinder date last night, my "match" was having drinks with someone else! Am I old-fashioned for being appalled? "Tinder: It's a revolving door for hookups, a meaningless carousel of bunga bunga. If you're shocked by the speed of turnover, you need to be on a dating site where the homepage banner is a couple in white linen shirts holding hands on a New England beach at sunset."

My husband and I consider Elton John's "Can You Feel the Love Tonight?" to be "our song." (We met at a Lion King performance!) I ran into his high-school girlfriend, and I found out it had been their song too! Is my husband some sort of sociopath? "No. he just really, really likes that song. As long as they didn't marry to it, you're okay. Look, if Prince William can give Kate his mother's engagement ring and have it considered good luck, then you can share a *Lion King* tune. If you must."



For radiant skin in record time.

NEUTROGENA® Rapid Tone Repair[†]

Visibly radiant skin in just **ONE WEEK**.

Clinically proven to brighten and even skin tone while fading the look of dark spots. And with our fastest retinol formula with vitamin C, it starts working immediately. So you're just a week away from younger-looking skin.

From the #1 Dermatologist Recommended Brand*.

neutrogena.ca



Neutrogena

#1 DERMATOLOGIST RECOMMENDED

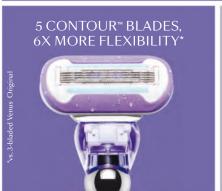
NEW Venus. Swirl







THROW YOUR CONTOURS A CURVEBALL.











FALL/WINTER 2015

We jetted to NYC, London, Milan and Paris to catch the shows and do a little trendspotting (#toughgig). When we got back home, we invited photographers Leda & St. Jacques and some of our favourite Canadian designers to take to the streets to create their own urban runway.

GIRL



We're having an '80s moment. Put on your micro-mini and thigh-high boots and have a thriller, thriller night!







These Victorian "bow-ho" looks are for fair ladies who like a little edge with their elegance. #queenbee





LIVIN' ON A PRAYER

Monastic chic had its own quiet moment on the catwalk as designers celebrated a lessis-more aesthetic. Minimalism never looked so cool.



"I like to work under pressure, so I always make a few things the day of the show, and this happens to be one of those day-of creations. I was going for something angelic but also with tons of volume." – Sid Neigum

Polyester maxidress (Sid Neigum), vinyl gloves (LaCrasia), faux-patent-leather booties (Aldo) and felt hat (Diesel)



ELECTRIC AVENUE LEDA & ST. JACQUES (MODEL); IMAXTREE (RUNWAY & BACKSTAGE); GETTY IMAGES (CUPCAKE & UMBRELLA); ISTOCK (STARS, IGLOO & CAKE)

Futuristic metallic pieces are the fashion uniform for today's raver.

TOP GEAR

The toque—a
Canadian winter
staple—got an
haute makeover.







"For us, fall 2015 was about a return to individuality in dressing up. Richly hued silks and wools paired with striking couture-like silhouettes give a timeless air to the collection."

- Kirk Pickersgill & Stephen Wong, Greta Constantine Silk-taffeta coat and matching pants (Greta Constantine), knit turtleneck (Ça va de soi), vinyl

gloves (LaCrasia) and vinyl thigh-high boots (Pleaser)



The silhouette du jour is long and lean and lovely. Move over, Julia! There's a new pretty woman in town.

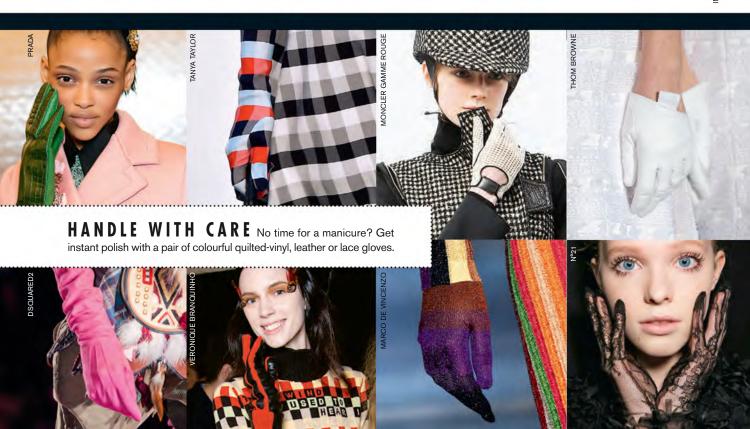






HOLDING PATTERN Grab-and-go









handbags bring an eclectic—and whimsical—pop to your style.









FALL NAIL TRENDS

PRESENTED BY

Sally Hansen

THE TREND REDS

Make a statement by pairing a punchy palette of reds (hello, romance!) with bold florals.



For more nail trends, go online to see ELLE Canada's beauty vlogger videos at ellecanada.com/falltrends

#ELLEXSALLYHANSEN



FALL NAIL TRENDS

PRESENTED BY

Sally Hansen

THE TREND JEWEL TONES

Amp up rock'n' roll pieces with moody-hued tips, which give off the right kind of attitude.



For more nail trends, go online to see ELLE Canada's beauty vlogger videos at ellecanada.com/falltrends

#ELLEXSALLYHANSEN







FALL NAIL TRENDS

PRESENTED BY

SallyHansen

THE TREND NUDES

This season's new neutrals are the perfect complement to high-drama silhouettes and prints.



For more nail trends, go online to see ELLE Canada's beauty vlogger videos at ellecanada.com/falltrends

#ELLE**X**SALLYHANSEN



Make a free-spirited fashion statement with a crazy, sexy, cool mix of mismatched textures and prints. Go ahead: Colour outside the lines.



NOSE



Fashion forecast: Expect white-out conditions when the big chill sets in this fall. It's time to lighten up your street style.







Designers toured the globe looking for inspiration. Now it's your turn to take a fashion trip—or at least dress like you did.







MODEL BY NUMBERS

Talk about fashion firsts: Montreal's Emma Génier made her catwalk debut this season walking for Gucci, Proenza Schouler, Chanel and more. #dreamsdocometrue



9 Number of

shows she walked in



40

Number of selfies she snapped



15,000

Number of kilometres she travelled







BEAUTY

YOUR NEED-TO-KNOW COUNTERCULTURE GUIDE



EDITOR'S POV Canadian beauty is being redefined—and not just by our diverse models breaking onto the fashion scene. (Looking at you, Winnie Harlow.) This month, we're featuring innovative homegrown hair-care, skincare and makeup products. (Just turn the pagel.) We love Bite Beauty's cult-fave lipsticks, Province Apothecary's and Leaves of Trees' holistic, natural skincare and Joe Fresh's fun yet functional cosmetics range. Call me biased, but our country just keeps getting prettier.

VANESSA CRAFT



TO SERVE AND PROTECT

Forget what you know about the chalky finish of physical sunblock. Thanks to the inclusion of natural mica, The Perfect Sunscreen SPF 30 (\$45), from Toronto-based Consonant Skincare, leaves a sheer, non-greasy tint (and lives up to its modest name). Protection comes via a blend of zinc oxide and titanium dioxide to deflect UVA rays (the ones to blame for your wrinkles) and UVB rays (the ones to blame for your sunburn), and skin is kept happy with friendly ingredients such as aloe vera and grape-seed and rice-bran oils.

LATEST & GREATEST

BEAUTY BUZZ

This month's new and noteworthy must-haves.

Kinky Girls With Wild Curls Sulfate Free Shampoo & Conditioner (\$11 each). For details, see Shopping Guide.



ITHINKTHEREIS FINALLY A MOVEMENT TOWARD CURLY GIRLS **EMBRACING THEIR** HAIR. DON'T FIGHT TO HAVE A HAIR TYPE YOU WEREN'T BORN WITH. **WORK WITH YOUR NATURAL TEXTURE** AND USE THE RIGHT PRODUCT_ONE THAT LEAVES YOUR HAIR SOFT, FRIZZ-FREE AND WITH MOVEMENT.

- Hairstylist Marc Anthony, who launched his now-ubiquitous hairstyling line across Canada 20 years ago

THIS MONTH'S "CAN'T LIVE WITHOUT" LIST



Vanessa Craft, beauty director

"When cottage season rolls around, I bring out my nature-survival kit: frozen margarita mix, trashy magazines and an insect repellent that doesn't smell like a cocktail of chemicals." Lotus Aroma Essential Oil in Ceylon Citronella (\$12)



Katherine Flemming, health & beauty editor

"I gravitate toward physical-block sunscreens, and I love this one, which contains olive oil and peptides to thwart sun damage (a.k.a. looking old)." CyberDerm Simply Zinc Sun Whip SPF 30 (\$38)



Victoria DiPlacido, assistant beauty editor

"When my love for rich creams is at odds with the weather, I turn to this light moisturizer from Quebec's Zorah for my moisture hit. Bonus: It leaves skin feeling toned but not tight." Zorah Sitala Pure Argan Face Cream (\$57)



The best in beauty from our home and native land.

1. A flattering skin highlighter that fits in your Roots makeup bag. Ilia Illuminator in Cosmic Dancer (\$42). 2. Maple-scented lipsticks! (It doesn't get more Canadian than that.) Bite Beauty Matte Crème Lipstick in Sugared Maple (\$28). 3. A woodsy palette of eyeshadows (the closest to nature that some

of us want to get this summer). CARGO Cosmetics Essentials Eye Palette (\$49).









A BEAUTIFUL MIND

EVA MENDES

WHO ACTRESS EVA MENDES, THE FACE OF ESTEE LAUDER SKINCARE LINE NEW DIMENSION. WHERE AN AIRY WHITE SPACE AT MILK STUDIOS, HOLLYWOOD, CALIF.

SISTERLY LOVE "My beauty inspiration is my beautiful sister Becky. I'm 10 years younger than her, and I have vivid memories of being in awe watching her getting ready. She taught me how to blow out my hair, and she loves hot curlers. When I got older, I looked to women like Sophia Loren and Gina Lollobrigida. I had a major beauty-fashion moment with Diana Ross when I saw Mahogany."

STYLE ERA "My own personal style is connected to the '50s because of my mother. She was a young woman at that time; we were a lower-middle-class family, but she made such an effort. She popped that collar! She drew in her eyebrows! I also love wearing turbans or head wraps. That stems from me being lazy—and wanting to hide a bad-hair day!"

FITSPO "How do I stay in shape? I admit, a lot of it is about diet for me. I allow myself to splurge, but I watch what I eat. When I have a day that's really busy, the first thing to go out the window is exercise. I'm like 'I can't fit that in today? Aww, geez!' [Laughs] That's where having a balanced, healthy diet really comes into play. When I do exercise, I up the cardio and up the weight training, which is a must for me because my body really responds to it."

ON JOINING THE ESTEE LAUDER FAMILY

"When I was growing up, Estée Lauder was always an iconic brand to me. When I was about 12 years old, a lady at one of their counters sprayed me with the perfume Knowing. I got very excited and thought: 'This is my scent! This is what a woman should smell like!' My mom got a kick out of that. She has been buying it for me as a Christmas gift every year since then. That's how the relationship started. As I got older, I learned more about who Estée Lauder was: a woman from Queens [N.Y.] who started a business in the '40s. Working with a company that empowers women is the ideal fit for me."

ALL ABOUT EVA (THE RAPID-FIRE VERSION): Lipstick or gloss? "Lipstick." Dry shampoo or frizz serum? "Dry shampoo." Mascara or blush? "Blush, hands down." Smoothies or coffee? "Coffee." Champagne or caviar? "Neither. Chocolate, chocolate, chocolate." Money, power or respect? "Respect-easy." What is luxury for you? "Sleep and a pair of warm socks-that's luxury." Dream film director "Pedro Almodóvar. His films are always about women and the complicated relationships that we have."

Get glowing.

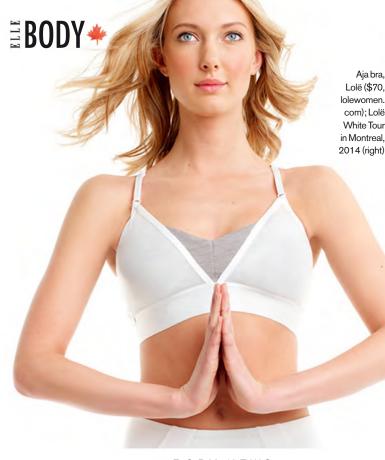
NEUTROGENA® HEALTHY SKIN® Boosters Daily Cleanser

Boosts the three signs of healthy-looking skin: Softness. Evenness. Radiance.

Clinically proven to even out skin tone and boost your skin's radiance. Infused with Vitamin E and white tea, for a healthy boost to your skin.







BODY NEWS

NORTHERN EXPOSURE

Sculpt your shape with these Canadian goods. BY KATHERINE FLEMMING

THE VIP PASS

Fitset (fitset.ca, \$99/month or \$9 for a seven-day trial)-the Netflix of fitness classes-allows you to volley between studios across your city (at press time, 200 studios nationwide were participating) without paying a monthly fee for each location. Available in Toronto, Montreal, Edmonton, Calgary and Ottawa.

LOVES

Saje Allergy Release Soothing Mist (\$19.95, saje.ca) is a calming mélange of lemon, lavender, geranium, peppermint and Roman camomile that helps mitigate some of the symptoms that spell allergy season. Spritz three to five pumps above your head, flip your hair back and inhale. It does wonders for the spirit too.



FIVE REASONS WHY THIS YEAR'S LOLË WHITE TOUR WILL BE THE BRAND'S BEST

- 1. This year wŸl mark the fourth time the fitness-apparel brand has staged a massive yoga class, with an expected 25,000 yogis participating globally.
- 2. City locat÷ns wŸl include Montreal, Toronto, New York and Paris as well as newcomers Whistler and Los Angeles.
- 3. The theme is all about the calming influence of nature, so each class wŸl be held under open skies. (Last year's theme was museums.) Examples include Central Park in New York City, Santa Monica Pier in Los Angeles and the historic Fort York in Toronto.
- 4. An all-white clothing dress code is enforced (bad for your bum but symbolic of peace, so...), which makes for a gorgeously curated spectacle. All participants wŸl be given a canary-yellow yoga mat to punctuate the look. #somanyselfies
- 5. Live music by local artists wŸl be piped through each space, making it a likely unforgettable event across the globe. It kicks off in Whistler on July 18 at the Olympic Plaza. Tickets are \$35 and avaŸable at lolewomen.com.

NATURAL RESOURCES

Théra Wise is tapping into the green market with its spin on popular healing ointments, such as VpR Natural Bio-Active Vaporizing Rub, HmR Natural Bio-Active Hemorrhoidal Ointment and SHO Natural Bio-Active Skin Healing Ointment (\$20 each, therawise.com). "Plant-based products have a bio-affinity with our skin, which means they feel and act like a part of us," says founder Warren Brander, who is trained in traditional Chinese medicine, plant medicine and cosmetic science. Translation? Your body absorbs ingredients more easily, speeding up repair at a cellular level.









MEMBERS

Stephanie Gilman discovers that there are a few perks to being in the "Cancer Club."

recently attended a work-related conference on young-adult (YA) cancer. I was there representing Rethink Breast Cancer, an organization for which I am the digital marketing coordinator, but I also have a personal interest: I am a young person who had cancer. The CancerCon conference was put on by Stupid Cancer, a non-profit group that brings awareness to young adults who have had the disease. This was my first real experience being surrounded by hundreds of others who had (or, for many, are currently experiencing) cancer in their 20s and 30s.

Being thrust into that somewhat-intense environment brought to light my burgeoning identity crisis. Do I fit in with this group? Do I even want to fit in? Are these "my people"? I experienced one of these existential moments during a lunch break. Some of the tables in the room were reserved for attendees who work in the YA cancer field, while others were labelled according to the type of cancer the tablemates had experienced. At first I wasn't sure which table to choose, but then I decided to sit at the one reserved for breast-cancer patients.

"Hey, breast cancer, whaddup?" I exclaimed as I took my seat, offering an awkward greeting in an alreadyawkward situation. Although it's comforting to know that we shared a life-changing experience, I also felt a strange pressure, like I had to talk about cancer. I imagine the leukemia gang at the table beside us felt the same way. We may have lived through the same awful disease,





Check out Stephanie's other challenges at ELLECanada.com/lifereboot.



but that doesn't mean we have other things in common. Truth be told, I would have been more comfortable at the "Fans of *The Bachelor*" table or the "Cheese Lovers" table, if either had been an option.

I experienced this same push and pull during some of the breakout sessions that explored intimacy, fertility and survivorship issues. Numerous times I found myself nodding my head in agreement as I listened to others comment about the long-term side effects of their treatments or how cancer has affected their relationships. I also understood what they meant when they said that they suffered from ongoing fear and anxiety. #beenthere

But as more people shared their personal anecdotes, and communal tears were shed. I found that I didn't feel like partaking in the group bonding anymore. In fact, I wanted to run through the doors and go back to my post as "professional attending a conference" and shed my cancer cloak. I didn't feel like hearing people cry, and I didn't want to cry with them. As much as I am undeniably a member of the "Cancer Club," there are moments when I just want to escape that label. Sometimes I just want to be me—whoever that is.

Back at the Rethink booth, where I was talking to people about our work, a few cancer patients approached the table and began to watch a video that was playing in which I offer chemo-treatment tips. One of the girls did a double take when she saw that I was the person featured in the video.

"Ohmigod, that's you! That's so cool!" She and her friends were giddy when they realized that I was an undercover cancer patient who was, in fact, just like them. I had morphed into someone they could recognize and relate to. It felt good to be able to inspire them in some small way and make them feel less isolated—let them know I was part of their club, despite the fact that I was standing on the opposite side of the table.

And perhaps that's the key: Maybe it's about me being able to play multiple roles at once and not let any one trait, or experience, define me. I am a wife, a daughter, a sister, a colleague and a friend. I am strong, funny, smart, quirky and kind. I am so many things-with just a little cancer on the side. \square

CHALLENGE #12 For my next (and final!) column, I'll be reflecting on my year-long journey with the help of a sensory-deprivation tank. Where better to do some deep thinking than inside a pitchblack vessel while floating in water?

CANADA

EXTICAL AUGUST 2015

FEATURED PRODUCTS FROM OUR ADVERTISERS



◆ THE BEST DUO TO PREVENT PREMATURE AGING

Apply Double Serum, morning and evening, followed by your day or night cream and you will immediately feel and see a difference in your skin.



NO MORE BLOATING

Dida, from New Nordic, is a natural aid for digestive discomfort. This product combines antifungal plant extracts to help balance your intestinal flora. Bloating, stomach upsets or yeast infections? Dida can help balance intestinal flora. In pharmacies and online at newnordic.ca.

dida

KEEP YOUR SKIN LOOKING HEALTHY, SOFT A AND BEAUTIFUL EVERY DAY

Reveal your natural beauty with the power of natural oats. This nourishing, moisturizing skin lotion was formulated to help prevent and protect dry skin. AVEENO® Active Naturals Daily Moisturizing Lotion contains moisturizing colloidal oatmeal, leaving your skin feeling soft and smooth for 24 hours. With AVEENO® Daily Moisturizing Body Wash, skin hydration starts in the shower and stays with you long after. Use AVEENO® Daily Moisturizing Body Wash with AVEENO® Daily Moisturizing Lotion for twice the moisture and softer, smoother skin.

LOCK IN MOISTURE

Revive dry, damaged, brittle tresses with an extra-powerful formula containing argan oil of Morocco and silk proteins that help intensely hydrate and lock in moisture to give hair a second chance at silky perfection.



FALL IS RIGHT AROUND THE CORNER!

Be comfortable and fashionable in Alison Sheri's new collection for fall. It's time to update your wardrobe with a new range of versatile and elegant looks.





Sometimes food can really speak to kids.

Momo just know.

ETRAVEL*

GETAWAY TALES, GREAT ESCAPES & TOP TRENDS **PACKING LIST** Cotton-blend hat, Max Mara (\$233, at matchesfashion. com); metallicleather sandals, Birkenstock for J.Crew (\$162, jcrew. com); wooden sunglasses, Prada (\$565, at sunglasshut. com); leather and wicker "Farming Picnic" bag, Hermès (\$8,300, hermes.com) NORTHERN RETREAT Have this beach (almost) all to yourself.

EDITOR'S POV One of the most unusual and impressive beaches in Canada is often called the world's smallest desert—and it's in the Yukon. Covering just 1.6 square kilometres, Carcross Desert is actually a series of deep sand dunes dotted with lodgepole pine, larch, mosses and endangered sedge grass, and it's also flanked by rocky snow-covered peaks. Locals love to sandboard and off-road on the vegetation-free parts; I recommend hiking the sun-warmed sands down to the shore of Bennett Lake. (Pack a picnic lunch.) Go to **ELLECanada.com/travel** for a roundup of must-visit beaches in Canada.

CHRISTINA REYNOLDS



SMELL

WHITEHORSE

Within 15 minutes of arriving in the city, I was inhaling the savoury steam of a sizzling cross-rib elk roast at the Fireweed Community Farmers Market along the banks of the Yukon River. Chef Michele Genest was searing the meat before tucking it into a Le Creuset pot with root veggies, spruce tips, juniper berries and Labrador tea—an herb that grows wild in the boreal forest—along with a splash of local stout and espresso.

"People here are more willing to experiment with wild foods, and braising is a good way to work with wild meat," explained the author of *The Boreal Feast: A Culinary Journey Through the North* to onlookers at her *plein-air* cooking workshop. (If we wanted to have a taste, we'd have to come back in three to four hours to sample the finished product.)

Those meaty scents mingled in the fresh summer air with those of Indian samosas, Mexican tacos and yeast—thanks to the whole-wheat loaves and

berry pies from the Home Sweet Home Baking stand. Given Whitehorse's location north of the 60th parallel, I was surprised to see stacks of vibrant-hued local carrots and red potatoes. On the August day I visited, there was even a busker selling homegrown lettuce out of his guitar

case for \$5 a (giant) head. It turns out that this city of close to 30,000 is the warmest spot in Canada's North due to its location in the protected Whitehorse valley. It also has more than 20 hours of summer sunshine a day, which supercharges its otherwise short growing season.





Whitehorse-based chef Michele Genest's latest cookbook



The 11 peaks along Mount Logan's granite summit rise more than four kilometres above the St. Elias Icefield, which is Canada's largest; the Slims River mud flats as seen from above: the ski plane takes flight

For a moment, it looked like a whiteout. "We're climbing into the sun, but we'll turn shortly," explained Tom Bradley, a pilot with Icefield Discovery, as he flew the five-seater Helio Courier ski plane west toward the icefield in Kluane

ski plane west toward the icefield in Kluane National Park and Reserve of Canada. We followed the Kaskawulsh Glacier's 60-kilometre curving highway of surging ice toward the monumental Mount Logan, which, at almost 6,000 metres, is Canada's highest peak.

"It's a nice concentrated look at ice," said Bradley, not meaning to understate the view, as we soared above a part of the world where, for as far as you can see, the compressed snow and ice is often a kilometre thick. Only the occasional sharp grey cliffs poke through the white landscape.

He pointed out what looked like a small glimmering scratch on a smooth patch of the icefield. "That's the landing strip for a summer research station," he said. For a second, I was disappointed that we weren't going to touch down and try out the plane's ski feet—then I remembered I wasn't in snow gear.

As we looped back toward our departure point and began to descend, I had a remarkable view of the glacier's edge as well as the icebergs that dot its terminal lake. My eyes followed the braids of silty water that swirl across the mud flats of Slims River and eventually empty into Kluane Lake. "Sometimes you can spot animal tracks on the sandbars," said Bradley. "Grizzly bears and moose swim through the terminal lake to reach the surrounding soapberry bushes." While we didn't spot any animal tracks on my flight, I got a good look at some moving "dots": Dall sheep high up on the rocky ridges overlooking the lake.

The South Arm and the Kaskawulsh are just two of the more than 100 surging glaciers in Kluane.



KATHLEEN LAKE AND HAINES JUNCTION, ON THE BOUNDARY OF THE KLUANE RESERVE Before I explored the Kluane by foot, I devoured

perhaps the most gourmet trail lunch I've ever had while sitting on the shore of Kathleen Lake on the park's border. I can still remember the savoury flavours of the roasted-pork-tenderloin sandwich with kale-and-sunflower-seed pesto and pickled beets. It was carefully paired with locally grown crudités (yes, they were precious enough to warrant that label) and homemade hummus. I washed it down with freshly pressed wild-blackcurrant juice before packing away my caramelpecan brownie for later. It was all made by 34-year-old Kari Johnston and 29-year-old Courtney Quinn, the owners of the catering service 14 Acre Farm in the nearby village of Haines Junction. Johnston left Toronto behind in 2007; "I haven't looked back," she said. Quinn arrived via Calgary in 2008. Both love their lifestyle: spending time outdoors and cooking with local ingredients. This "brown bag" meal was the ultimate example of the best kind of glamping you can experience—and a delicious showcase of what the Yukon has to offer.



and feel the ground beneath you. There are no roads into the park, but Kathleen Lake is one of the best entry points. Near Lower Kathleen Lake, you'll find The Cabin & Kluane Ecotours, a rustic summer property where the main log cabin is surrounded by wildflowers and, out back, there's a raised vegetable garden that grows out of 10 bathtubs. (There are also five guest cabins in the forest.) It's run by Wenda Lythgoe and Brent Liddle, a retired Parks Canada interpreter who knows the area like it's his own backyard—which it is.

"It's a teddy bear's picnic through here, but the berry patch is now closed," joked Liddle of the wild cranberry and Saskatoon-berry bushes along the Cottonwood Trail, as he led our small group up from the shore of Kathleen Lake to explore the first leg of the route. The area is frequented by black and grizzly bears, but "don't let 'bearanoia' get you," said Liddle. Cottonwood, aspen and white-spruce trees tower over the lower part of the 84-kilometre looping trail (which takes at least four days to complete); above the treeline, texturally diverse alpine meadows take over. "I've seen everything from lilies to spotted orchids growing here," he said, explaining that it's all thanks to the influence of the Pacific Ocean. "Considering where we are, it's a jungle here in comparison to, say, northern Manitoba—there are polar bears there." As we climbed through some younger trees to take in a wide-reaching view of the lake, Liddle paused. "It's huge country," he said. "You're just a speck out here."



YUKON RIVER, WHITEHORSE

Whoosh, whoosh, whoosh.... There were just four of us in an eight-metre voyageur canoe, but we moved down the Yukon River at a good clip as we paddled in unison. "That's great synchronized canoeing," called out our Kanoe People guide, Alex McDougall, a seventh-generation local Tlingit—an indigenous people whose name means "People of the Tides"—during our 18-kilometre journey from the river's shore in Whitehorse to the Takhini River Bridge, where we would finish. Between listening to McDougall's stories about his family's paddling adventures along this river and at Lake Laberge, we paused to listen to the occasional high-pitched whistle of a few eagles that seemed to be watching us from their shore perches. As I took in the sounds of nature, I wondered just where I might be drawn to next in this northern landscape.

EXTRA: TAKE IN THE ADVENTURE SCENE IN GOLDEN AND FIELD, B.C. LISTEN to the thundering rush of the

Kicking Horse River as you raft through class-four rapids.

SEE a magnificent 360-degree view of six national parks from the top of Kicking Horse Mountain Resort.

TASTE the towering "Golden Burger" while relaxing on the back patio of Golden's Whitetooth Bistro.

TOUCH 520-millionyear-old fossils on a guided hike of the Burgess Shale in Yoho National Park.

SMELL the wildflowers and local gardens as you explore the quaint townsite of Field.

Get the full story—as well as our roundup of the best Canadian summer getaways—at ELLECanada.com/travel.



LEDA & ST. JACQUES

AT YOUR SERVICE

As an ELLE Canada subscriber, you can expect the best in subscription service. And we think you'll get just that—the very best—whenever you need assistance with your subscription.

FRAGRANCE SAMPLES

Some issues of ELLE Canada magazine include perfume strips. If you prefer to receive your copy of the magazine without perfume strips, please write to us at our mailing address.

PROTECTIVE WRAPPER

We sometimes mail your issue in a protective wrapper. If you prefer to receive your copy of the magazine without a wrapper, please write to us at our mailing address.

SUBSCRIPTION EXPIRY

You can determine when your subscription expires by checking your mailing label. Our mailing labels are often printed several weeks before the issue is mailed, so please allow six to eight weeks for renewals and changes of address in order to avoid missing an issue.

BILLING AND RENEWAL NOTICES

Invoice and renewal notices are generated several weeks before they are mailed to subscribers. With delivery time, it is possible that your payment or renewal order will cross in the mail with our notice.

PRIVACY POLICY

On occasion, we make our subscriber list available to carefully screened organizations whose product or service might interest you. If you prefer that we not share your name and address (postal and/or e-mail), you can easily remove your name from our mailing list by reaching us at any of the listed contact points. You can review our complete Privacy Policy at www.ellecanada.com

If there's any other way we can be of service, let us know. Please include a current mailing label to help us locate your file quickly.

WE ARE AT YOUR SERVICE ON THE WEB

Renewals: renew.ellecanada.com
New subscriptions:
ellecanada.com/subscribe
Service requests: service.ellecanada.com

CONTACT US

(Please include your account number or mailing address to help us locate your file quickly.)

By phone: 905-946-8319

By mail: ELLE CANADA

P.O. Box 5000 Stn. Industrial Park

Markham ON L3R2A1



www.ellecanada.com

ESHOPPING GUIDE



Aldo aldoshoes.com. Almar Kyi Kyi kyikyix@aim.com. BCBGMAXAZRIA bcbg. com. Biotherm At Biotherm counters, biotherm.ca; drugstores and mass-market retailers. Bite Beauty At Sephora, sephora.ca. Bourjois Paris At Shoppers Drug Mart, shoppersdrugmart.ca. CARGO At Murale, murale.ca; London Drugs, londondrugs. com; Lawtons Drugs, lawtons.ca; Rexall, rexall.ca. Caryl Baker carylbakervisage.com. Chanel At Chanel beauty counters. Chantecaille At Holt Renfrew, holtrenfrew.com. Clarins clarins.ca; at Hudson's Bay, thebay.com; Sears, sears.ca; Jean Coutu, jeancoutu. com; Pharmaprix, pharmaprix.ca. Consonant Skincare consonantskincare.com. Cyberderm cyberderm.ca. Denis Gagnon denisgagnon.ca. Diesel diesel.com. DSquared2 dsquared2.com. Erdem erdem.com. Estée Lauder esteelauder.ca. GOSH At Shoppers Drug Mart, shoppersdrugmart.ca. Greta Constantine gretaconstantine. com. Ilia At BeautyMark, beautymark.ca. LaCrasia lacrasiagloves.com. Lise Watier lisewatier.com; at drugstores and mass-market retailers. Lotus Aroma lotusaroma.com. Marc Anthony At drugstores and mass-market retailers. Marie Saint Pierre mariesaint pierre.com. Mark At BeautyMark, beautymark.ca. Mélissa Nepton melissanepton.com. Michael Kors Collection michaelkors.com. Mondor mondor.com. Natural Furs naturalfurs.com. OPI At cosmoprofbeauty.com. Physicians Formula At drugstores and mass-market retailers. Pierre Hardy pierrehardy.com. Pleaser pleaserusa.com. Portolano portolano.com. RAD by Rad Hourani radhourani.com. Roger Vivier rogervivier.com. Saint Laurent At ssense.com. Sid Neigum sidneigum.com. Smythe smythelesvestes.com. Soap & Glory At Shoppers Drug Mart, shoppersdrugmart.ca. Tanya Taylor tanya taylor.com. Tweezerman tweezerman.ca. Zorah zorah.ca.





This is your month, dear Leo! The Sun, fiery Mars and fair Venus are all in your sign, boosting your energy and making you more diplomatic and charming. You will attract important people and favourable circumstances, so make the most of this. Also, starting this month, you are entering a 12-month window where you will increase your earnings and assets.

(AUG. 23 – SEPT. 22)

Your personal year is ending, which means you should use this month to think about what you want your new year to bring. Studies show that defined goals with deadlines are more easily achieved. It's important to do this now because lucky Jupiter enters your sign this month to stay for a year, and this good fortune won't be back again until 2027.

(SEPT. 23 - OCT. 22)

You are one of the most sociable signs in the zodiac, so you'll love this month: It's when you'll have the most fun all year. Accept all invitations. Enjoy schmoozing. Share your hopes and dreams for the future with people because their feedback will help you. You're beginning a spiritual year, which will be subtle yet deeply influential.

(OCT. 23/NOV. 21)

This is the only month all year when the Sun is high in your chart, casting a flattering spotlight on you. Use this to make your mark with people of influence. A romance with someone in authority might begin. You're entering one of the most popular years of your life. Others will benefit you. (This advantage will not return until 2027.)

your month to travel, especially for pleasure. You can also explore opportunities in publishing, the media, medicine, the law and higher education. A romance with someone from another culture might begin. Your reputation will have a boost over the next year-expect a promotion or public recognition.

aprico (DEC. 22 – JAN. 19)

This is a passionate, sexy month. Expect to be intense about everything, not just your physical desires. Be receptive to others because gifts, goodies and favours will come your way. Meanwhile, you are entering a 12-month window of travel opportunities and chances to explore publishing, medicine, the law and the media.

(IAN. 20 – FEB. 18)

This is the only time all year when the Sun is opposite your sign; this means you will be more tired than usual, so get more rest. Although relations with others are harmonious, there will be times when you're really annoyed with someone. Patience is your best ally. Also, the next year is a good time to get a mortgage or a loan.

TOD (FEB. 19 – MARCH 20)

You're keen to get organized and be on top of everything at work and at home, and you want to improve your health as well. A workplace romance might begin this month. (Could this be why you want to buff your bod?) Meanwhile, the next year will improve all partnerships and attract serious relationships. It's a great year to get married.

(MARCH 21 – APRIL 19) August is, hands down, the most funloving, playful, flirtatious month of the year for you. Give in to your desires. Put yourself first. Plan thrilling escapes with vacations, romantic dates, the

theatre, musical performances and sports events. Also, for the next year, you'll have the best chance to improve your job since 2004.

 $(APRIL\ 20 - MAY\ 20)$

Two shifts occur this month: It's time to redecorate and tackle home renovations. Family events will be prominent, which means you'll also want to entertain. (You love good food and drink, so people love being invited to dine at your table.) Start planning a vacation for the coming year because fun, pleasure

and romance will be your focus.

(MAY 21 – JUNE 20)

This is a busy month. A jam-packed schedule of short trips and errands will accelerate your daily pace. Many will study, read and write more as well. In fact, you may make money from your words. The next year is your best opportunity to benefit from real estate in over a decade. You will improve (and expand) your home and family.

concer. (JUNE 21 - JULY 22)

Money is your focus now. Many of you will boost your earnings as well as buy beautiful things for yourself and loved ones. Good news: You are now entering a year during which you will feel happier, more optimistic and more hopeful about life than you have in a long time. Enjoy this subtle shift of consciousness.

Happier is better.



TEXT BY LISA GUIMOND; GEOFFREY ROSS

you coveting this season? Tweet us @ELLECanada with #fashionplay.



